

The Music Man

拍数: 64 墙数: 2 级数: Beginner
编舞者: Sandra Speck (UK) & Paul Bailey (UK) - June 2016
音乐: The Music Man - Paul Bailey



Music available from iTunes and amazon

Intro: 4 counts from heavy beat approx. 27 seconds

S1: WALK CLAP, WALK CLAP, RIGHT LOCK STEP

- 1 – 2 Walk forward on right foot, clap hands
- 3 – 4 Walk forward on left foot, clap hands
- 5 – 6 Step forward on right foot, lock left behind,
- 7 – 8 Step forward on right foot, hold for one count

S2: ROCK RECOVER, BACK STRUT X 3

- 1 – 2 Rock forward on left, recover on to right
- 3 – 4 Step back on left toe, drop heel to floor
- 5 – 6 Step back on right toe, drop heel to floor
- 7 – 8 Step back on left toe, drop heel to floor

S3: COASTER STEP, LEFT LOCK STEP

- 1 – 2 Step back on right foot, close left next to right
- 3 – 4 Step forward on right foot, hold for one count
- 5 – 6 Step forward on left foot, lock right behind,
- 7 – 8 Step forward on left foot, hold for one count

S4: WALK RIGHT, LEFT, RIGHT, LEFT, RIGHT (MAKING ½ TURN LEFT IN A SEMI CIRCLE)

- 1 – 2 Walk forward right turning 1/8th left, hold for one count
- 3 – 4 Walk forward left turning 1/8th left, hold for one count
- 5,6,7,8 Walk forward right, left, right turning ¼ left, hold for one count (6 o'clock)

S5: STEP TOUCH BACK KICK, BEHIND, SIDE, CROSS

- 1 – 2 Step forward on left towards left diagonal, touch right foot next to left
- 3 – 4 Step back on right foot, kick left foot forwards (still facing diagonal)
- 5 – 6 Step left behind right, step right to side (6 o'clock)
- 7 – 8 Cross left foot over right, hold for one count

S6: STEP TOUCH BACK KICK, BEHIND, SIDE, STEP

- 1 – 2 Step forward on right towards right diagonal, touch left foot next to right
- 3 – 4 Step back on left foot, kick right foot forwards (still facing diagonal)
- 5 – 6 Step right behind left, step left to side (6 o'clock)
- 7 – 8 Step forward on right foot, hold for one count

S7: TOE, HEEL, STOMP X 2

- 1 – 2 Touch left toe next to right, touch left heel next to right
- 3 – 4 Stomp left foot slightly forward, hold for one count
- 5 – 6 Touch right toe next to left, touch right heel next to left
- 7 – 8 Stomp right foot slightly forward, hold for one count

S8: BACK, DRAG, STOMP X 3

- 1 – 2 Step back on left foot, hold for one count
- 3 – 4 Drag right foot back towards left, close right next to left

5,6,7,8 Stomp left, right, left, hold for one count

Start again from the beginning
