

It's Only Words

COPPERKNOB
STEPSHEETS

拍数: 56 墙数: 2 级数: Intermediate
编舞者: Sandra Wilkinson (UK) - June 2016
音乐: A Love Song - Ladyhawke



#4 count Tag, Wall 3 after 8 counts (Section 1) facing 6:00
##36 count Tag, Wall 5 after 8 counts (Section 1) facing 12:00

Start on vocals

SECTION 1: (1-8) ROCK RIGHT & LEFT, & SIDE, CROSS LEFT OVER RIGHT, ½ TURN RIGHT WITH 2 BOUNCES

1,2,& Rock right to side, recover onto left, close right to left
3,4,& Rock left to side, recover onto right, close left to right
5,6,7,8 Step right to side, cross left over right, bounce twice making ½ turn right (6:00)

** TAG 1 AND RESTART HERE ON WALL 3 (facing 6:00)

** TAG 2 AND RESTART HERE ON WALL 5 (facing 12:00)

SECTION 2: (9-16) ROCK RIGHT & LEFT, & SIDE, CROSS LEFT OVER RIGHT, ½ TURN RIGHT WITH 2 BOUNCES

1,2,& Rock right to side, recover onto left, close right to left
3,4,& Rock left to side, recover onto right, close left to right
5,6,7,8 Step right to side, cross left over right, bounce twice making ½ turn right (12:00)

SECTION 3: (17-24) DIAGONAL SHUFFLES RIGHT & LEFT, 2 PADDLE TURNS MAKING ½ TURN LEFT

1&2, Right shuffle forward to right diagonal (1:30)
3&4 Left shuffle forward to left diagonal (10:30)
5,6,7,8 Make 2 slow ¼ paddle turns left to end facing 6:00

SECTION 4: (25-32) 2 x CROSSING SAMBA STEPS RIGHT & LEFT, 2 x CROSS WALKS RIGHT & LEFT

1&2 Cross right over left, rock left to side, recover onto right (travelling forward)
3&4 Cross left over right, rock right to side, recover onto left (travelling forward)
5,6,7,8 Step right foot across left, brush/scuff left foot, step left foot across right, brush/scuff right (travelling forward)

SECTION 5: (33-40) JAZZ BOX ¼ TURN RIGHT, STEP RIGHT TO SIDE, TWIST HEELS, TOES, HEELS TO RIGHT

1,2,3,4 Cross right over left, ¼ turn right stepping back on left, step right to side, cross left over right (9:00)
5,6,7,8 Step right to side, twist both heels right, twist both toes right, twist both heels right

SECTION 6: (41-48) BEHIND & CROSS, ¼ LEFT LOCK BACK, STEP BACK, ½ TURN HEEL WALK LEFT, HITCH RIGHT

1&2 Step left behind right, step right to side, cross left in front of right
3&4 ¼ turn left stepping back on right, cross left over right, step back right (lock step) (6:00)
5,6,7,8 Step back on left, twist right toes left making ¼ turn left, twist left toes left making ¼ turn left, hitch right knee (12:00)

SECTION 7: (49-56) HIP BUMPS BACK, ½ TURN LEFT, 4 SKATES FORWARD

1&2 Bump right hip back, bump left hip forward, bump right hip back
3,4 Step forward onto left, make ½ turn left on ball of left foot (6:00)
5,6,7,8 Skate forward right, left, right, left

TAG 1 & RESTART on Wall 3 after Section 1 facing 6:00

STEP RIGHT, HITCH LEFT, LEFT COASTER STEP

1,2,3&4 Step forward on right, hitch left knee, step back on left, step right next to left, step forward left (restart from beginning)

TAG 2 & RESTART on Wall 5 after Section 1 facing 12.00

WIZARD/DOROTHY STEPS RIGHT & LEFT, ROCK FORWARD, RECOVER, ½ SHUFFLE RIGHT

1,2& Step right to right diagonal, step left behind right, step right to diagonal (1:30)
3,4& Step left to left diagonal, step right behind left, step left to diagonal (10:30)
5,6,7&8 Rock forward on right, recover on left, shuffle ½ turn right stepping right, left right (6:00)

WIZARD/DOROTHY STEPS LEFT & RIGHT, ROCK FORWARD, RECOVER, ½ SHUFFLE LEFT

1,2& Step left to left diagonal, step right behind left, step left to diagonal (4:30)
3,4& Step right to right diagonal, step left behind right, step right to diagonal (7:30)
5,6,7&8 Rock forward on left, recover onto right, shuffle ½ turn left stepping left, right left (12:00)

RIGHT MAMBO FORWARD, LEFT MAMBO BACK, STEP ½ TURN RIGHT, 2 WALKS

1&2 Rock forward right, recover onto left, step back slightly on right (12:00)
3&4 Rock back on left, recover onto right, step forward slightly on left
5,6,7,8 Step forward on right, make ½ turn right on ball of right foot, 2 walks forward left right (6:00)

LEFT MAMBO FORWARD, RIGHT MAMBO BACK, STEP ½ TURN LEFT, 2 WALKS

1&2 Rock forward left, recover onto right, step back slightly on left
3&4 Rock back on right, recover onto left, step forward slightly on right
5,6,7,8 Step forward on left, make ½ turn left on ball of left foot, 2 walks forward right, left (12:00)

STEP RIGHT TO SIDE, TWIST LEFT HEEL, TOES, HEEL

1,2,3,4 Stomp right to side, twist left heel to right, twist left toes to right, twist left heel to right (restart from beginning)

HAPPY DANCING!

Contact: sandrawilk@live.com
