

The Rainbow of Tears (淚雨後的彩虹)

(zh)

COPPER KNOB
STEPSHEETS

拍数: 32 牆数: 4 級数: Beginner
编舞者: Amy Yang (TW) - 2016年06月
音乐: The Rainbow of Tears (淚雨後的彩虹) - Maggie Teng (鄧妙華)



Intro : 48 counts (** 3 Tag)

Sec . 1: CROSS, POINT(R&L), BACK, POINT(R&L)

1 - 4 Cross RF over LF, Point LF to L, Cross LF over RF, Point RF to R
5 - 8 Cross RF behind LF, Point LF to L, Cross LF behind RF, Point RF to R
1 - 4 右足交叉左足前,左足左側點,左足交叉右足前,右足右側點
5 - 8 右足交叉左足後,左足左側點,左足交叉右足後,右足右側點

Sec . 2: CROSS, RECOVER, SIDE CHASSE, CROSS, 1/4 TURN L BACK, SIDE CHASSE

1 - 2 Cross RF over LF, Recover onto LF
3 & 4 Step RF to R, Step LF beside RF, Step RF to R
5 - 6 Cross LF over RF, 1/4 turn L stepping back on RF(09:00)
7 - 8 Step LF to L, Step RF beside LF, Step LF to L
1 - 2 右足交叉左足前,重心回左足
3 & 4 右足右踏,左足併於右足旁,右足右踏
5 - 6 左足交叉右足前,左轉1/4右足後踏(09:00)
7 - 8 左足左踏,右足併於左足旁,左足左踏

Sec. 3: WALK FORWARD(R,L,R), 1/4 MONTEREY TURN L, POINT

1 - 4 Walk forward on RF、LF、RF, Point LF to L
5 - 8 1/4 turn L step on LF, Point RF to R, Step RF beside LF, Point LF to L(06:00)
1 - 4 前進走步右足、左足、右足,左足點左側
5 - 8 左轉1/4 左足踏,右足點右側,右足併於左足旁,左足點左側(06:00)

Sec. 4: FORWARD, RECOVER, COASTER, JAZZ BOX 1/4 TURN R

1 - 4 Step LF forward, Recover onto RF, Step LF back, Step RF beside LF, Step LF forward
5 - 8 Cross RF over LF, Step LF back, 1/4 turn R stepping RF forward, Step LF forward (09:00)
1 - 4 左足前踏,重心回右足,左足後踏,右足併於左足旁,左足前踏
5 - 8 右足交叉左足前,左足後踏,右轉 1/4 右足前踏,左足前踏(09:00)

Start again

Tags (12counts) :

After walls 1、4 & 8, add 12 counts tag (facing 09:00、09:00 & 06:00)

跳完第一牆、第四牆及第八牆跳完,加跳12拍(面向09:00、09:00及06:00)

FORWARD, HOLD, 1/4 TURN L, HOLD, JAZZ BOX, SIDE, TOUCH(R&L)

1 - 4 Step RF forward, Hold, 1/4 turn L step on LF, Hold(06:00)
5 - 8 Cross RF over LF, Step LF back, Step RF to R, Step LF forward
9 - 12 Step RF to R, Touch LF beside RF, Step LF to L, Touch RF beside LF
1 - 4 右足前踏,停拍,左轉1/4 左足踏,停拍(06:00)
5 - 8 右足交叉左足前,左足後踏,右足右踏,左足前踏
9 - 12 右足右踏,左足點收於右足旁,左足左踏,右足點收於左足旁

Ending : During wall 10, stop after 8 counts(12:00)

結束 : 第十牆跳完8拍停下(面向12:00)

Have Fun & Happy Dancing!

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