

I'm Faded

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Adam Åstmar (SWE) - June 2016
音乐: Faded - Alan Walker



Intro: 16 Counts

Sect – 1: TOUCH BACK, 1 / 2 UNWIND, STEP 1 / 2 TURN, CROSS, SIDE ROCK, RECOVER, CROSS SHUFFLE, LONG SIDE ROCK, RECOVER

1 – 2 Touch L slightly back, unwind 1 / 2 to the left making weight on L (6:00)
& 3 – 4 Step R forward, turn 1 / 2 to the left, cross R over L (12:00)
& 5 Rock L to the left, recover to R
6 & 7 Cross L over R, step R next to L, cross L over R
8 – 1 Long step rock R to the right, recover to L

(Optional styling: Put left arm in front of your face on count 8 with hand facing your right and elbow to the left. Drag your arm to the left on count 1.)

Sect – 2: BEHIND, SIDE, STEP 1 / 2 TURN, BALL, STEP, FLICK, BALL, HOOK, STEP, SHUFFLE

2 & Step R behind L, step L to the left
3 – 4 Step R forward, turn 1 / 2 to the left (6:00)
& 5 – 6 Ball step R next to L, step L forward, flick R behind L
& 7 & Ball step R back, hook L over R, ball step L slightly forward
8 & 1 Step R forward, step L next to R, step R forward

*** Restart comes here at wall 6 including count 2 from next section and also a ball step on R with count & ***

*** Steps: 1 – 2 & Step R forward, step L back, ball step R slightly back ***

Sect – 3: BACK, LOCK STEP BACK, 1 / 4 TURN BALL, POINT, 1 / 4 TURN STEP, 1 / 2 TURN SWEEP, CROSS

2 – 3 Step L back, step R back
& 4 Lock step L over R, step R back
& 5 – 6 Turn 1 / 4 to the left ball stepping L to the left, point R to the right, turn 1 / 4 to the right stepping R forward (6:00)
7 – 8 Turn 1 / 2 to the right sweeping L foot clockwise, cross L over R (12:00)

(Optional styling: Instead of sweeping, you do a hitch turn on the same counts.)

Sect – 4: BALL, SIDE STEP, KNEE POP X2, STEP, 1 / 4 TURN NIGHTCLUB BASIC, LONG STEP, TOUCH

& 1 & 2 Ball step R slightly to the right, step L to the left, lift both heels and pop knees forward, recover to normal position
& 3 – 4 Lift both heels and pop knees forward, recover to normal position, step R forward
5 – 6 & Turn 1 / 4 to the right stepping L to the left, step R slightly behind L, cross L over R (3:00)
7 – 8 Long step R to the right, touch L next to R

*** Tag comes here at wall 2 facing 6:00 ***

Tag: 2 HIP SWAYS

1 – 2 Step L to the left and sway L, R (weight ends on R)

(This song is for me amazing and I just love it! Hope you feel the same!)

Have fun!