

High Hopes

拍数: 96 墙数: 0 级数: Phrased Advanced
编舞者: Sabrina Di Mario (IT) - June 2016
音乐: High Hopes - Bruce Springsteen



Start dancing on lyrics – Sequence: AA Tag1 BAA Tag1 BCCA Tag1 B Tag2 AA Tag1 BBB

PART A – 32 counts

- 1-4 Step right to side – return - shuffle cross right
5-8 Step left to side – return- shuffle cross left
- 1-4 Rocking chair right (forward-back)
5-8 Shuffle right turn $\frac{1}{2}$ - shuffle left turn $\frac{1}{2}$
- 1-4 Step right to side- scuff left-cross kick left-return
5-8 Swivet right in (toe,heel,toe) – Swivet right out (toe,heel,toe)
- 1-4 Touch right together-touch right to side-sailor step right turn $\frac{1}{2}$ to left
5-8 Kick left-hitch left- stomp left-Swivel left heel (heel out,in,out,in)

PART B – 32 counts

- 1-4 Kick right ball point left – kick left ball point right
5-8 Shuffle back right – coaster step left
- 1-4 Step lock step right – step lock step left
5-8 rock step right forward-step right back- click fingers
- 1-4 Hitch left back-hitch right back-coaster step left back
5-8 Kick ball change right – kick ball change right
- 1-4 Step right forward-turn $\frac{1}{2}$ -shuffle right to side turn $\frac{1}{4}$
5-8 Sailor step left turn $\frac{1}{4}$ - stomp right forward – stomp left together

PARTE C – 32 counts

- 1-4 Monterey
5-8 shuffle right forward-shuffle left forward
- 1-4 shuffle right to side turn $\frac{1}{4}$ to right-stomp left-stomp right
5-8 shuffle left to side turn $\frac{1}{2}$ to left-stomp right-stomp left
- 1-4 Step right forward-turn $\frac{1}{4}$ to left-step right forward-turn $\frac{1}{2}$ to left
5-8 Jazz box right
- 1-4 e Vaudeville right
5-8 Monterey

TAG 1 – 4 count

- 1-4 Step right to side-step left together (clap)-step left to side-step right together (clap)

TAG 2 – 8 count

- 1-4 Step right forward-turn $\frac{1}{2}$ -step right forward-turn $\frac{1}{2}$
5-8 Bump right twice – bump left twice

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