

Stone Cold

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Megan Conroy (IRE) - June 2016
音乐: Stone Cold - Demi Lovato



Section 1: Left & Right side drag touch, ½ turn sweep, ¾ turn twinkle step.

- 1-3 Big step left to side, drag right beside left, touch right beside left.
- 4-6 Big step to right side, drag left beside right, touch left beside right.
- 7-9 Step left forward, ½ turn left sweeping right in front of left,
- 10-12 Cross step right over left, ¼ turn right stepping back on left, ½ turn right stepping forward on right.

Section 2: Left waltz step forward, ½ turn waltz step left, ½ turn waltz step left, ¼ turn left, side touch.

- 1-3 Step forward on left, step right beside left, step left beside right,
- 4-6 Step back right, 1/2 left step forward left, step right beside left.
- 7-9 Step left forward, ½ left stepping back on right, step left beside right.
- 10-12 Step right back, ¼ turn left stepping left to side, touch right beside left.

Section 3: ¾ turning twinkle step on right, ½ turning twinkle step on left, Step point, turn point.

- 1-3 ¼ turn right stepping forward on right, ½ turn right stepping back on left, step right beside left.
- 4-6 Step back on left, ½ turn right step right forward, step left beside right,
- 7-9 Step right forward, point left to side, hold,
- 10-12 ¼ turn left stepping on left, point right to side, Hold.

Section 4: Right cross step, step sweep, twinkle step, step kick,

- 1-3 Cross right over of left, step left behind right, cross right over left,
- 4-6 Step left forward, sweep right around in front left,
- 7-9 Cross right over left, step left to side, step right to side,
- 10-12 Step left forward, kick right forward.

Section 5: Back Sweeps, behind cross step, ¼ step sweep.

- 1-3 Step right back, sweep left behind right,
- 4-6 Step left back, sweep right behind left,
- 7-9 cross step right behind left, step left in front of right, cross step right behind left,
- 10-12 ¼ turn left stepping forward on left, sweep right around in front of left.

Section 6: Diagonal forward step touch, back drag, toe turn, unwind.

- 1-3 Step forward right into left diagonal, touch left behind right, Hold,
- 4-6 Step left back, drag right back towards left,
- 7-9 Point right toe behind left, ½ twist right, ¼ twist right, stepping on right
- 10-12 unwind ½ left, hitch up left knee unwind ½ left.

TAG: End of wall 2, before wall 3 (facing 12 o clock)

Left & Right side step drag, turning forward & back waltz steps X2

- 1-3 Step left to side, drag right beside left, touch,
- 4-6 Step right to side, drag left beside right, touch,
- 7-9 Step forward left, ½ turn left stepping back on right, step left beside right,
- 10-12 Step back on right, step left beside right, step forward on right,
- 13-18 Repeat steps 7-12.

RESTART: On wall 5 dance up to section 4, after counts 1-3 add a left step together, and Restart the dance. (facing 12 o clock)

