

The Man I Am

拍数: 48 墙数: 4 级数: High Improver waltz
编舞者: Brandi Hughes (CAN) - June 2016
音乐: Today - Ben Klick : (iTunes)



Sec (1) Twinkle Right, Twinkle Left

1-3 Cross left foot over right (1), Step right to right side (2), Step left foot beside right (3)
4-6 Cross Right foot over left (4), Step Left foot to left side (5), Step Right foot beside left (6)

Sec (2) Cross, ¼ turn Left, Back, Back, Heel Drag

1-3 Cross Left foot over right (1), Make ¼ turn left stepping back on Right foot (9:00) (2), Step
back on left foot (3)
4-6 Step back on Right foot (4), Drag Left heel (5-6)

Sec (3) Back Basic, Cross ¼ Turn, Skate ½ Turn, Step

1-3 Step back on Left foot (1), Step Right beside left (2), Step forward on Left foot (3)
4-6 Step ¼ turn right with Right foot (12:00), Skate Left foot making ½ turn left (6:00), Step right
foot to right side (6)

Sec (4) Cross Shuffle, Step, Kick (x2)

1-3 Cross Left foot over right (1), Step Right foot to right side (2), Cross Left foot over right (3)
4-6 Step Right foot to Right side on a slight diagonal (4), Kick Left foot forward twice on the
diagonal (5-6)

Sec (5) Step Drag, ¼ Turn Drag

1-3 Step Left foot to left side squaring up to 6:00 (1), Drag Right foot to center (2-3)
4-6 Step Right foot back making ¼ turn left (3:00) (4), Drag left foot to center (5-6)

Sec (6) Back Basic, Step, Sweep Forward

1-3 Step Left foot back (1), Step Right foot beside left (2), Step Left foot forward (3)
4-6 Step Right foot forward (4), Sweep Left foot from behind around and forward (5-6)

****Restart Here on Wall 3****

Sec (7) Cross, Back, Together, Cross, Back Together

1-3 Cross Left foot over right (1), Step Right foot back (2), Step Left foot beside right (3)
4-6 Cross Right foot over left (4), Step Left foot back (5), Step Right foot beside left (6)

Sec (8) Cross ¼ Turn, 1/4Turn, Step, Back Basic

1-3 Cross Left foot over right making ¼ turn left (12:00) (1), Step Right foot back making ¼ turn
left (9:00) (2), Step left foot back (3)
4-6 Step Right foot back (4), Step Left foot beside right (5), Step Right foot forward (6)

#1 Restart: Wall 3 Do the first 36 Counts and Start again!

Enjoy!