

Carry You Home

COPPERKNOB
STEPSHEETS

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Caroline Cooper (UK) - June 2016
音乐: Carry You Home - Ward Thomas : (iTunes)



#8 Count Intro From Heavy Beat

Sec 1: □□SIDE TOUCH, ¼ TURN SIDE TOUCH, TOUCH FORWARD, TOUCH BACK, SHUFFLE

1-2 Step R to R side, touch L next to R
3-4 ¼ L stepping forward L, touch R next to L
5-6 Touch R toe forward, touch R toe next to L
7&8 Step forward R, close L next to R, step forward R

Sec 2: ROCK FORWARD, RECOVER, TRIPLE FULL TURN, ROCK FORWARD, RECOVER, JUMP BACK, STEP BACK

1-2 Rock forward L, recover R
3&4 Full turn over L stepping LRL (option coaster)
5-6 Rock forward R, Recover weight L
&7-8 Jump back and out on R then L, step back R

Sec 3: □□ROCK BACK, RECOVER, SHUFFLE FORWARD, STEP ¼, CROSS POINT

1-2 Rock back L, recover R
3&4 Step forward L, step R next to L, step forward L
5-6 Step forward R, ¼ pivot turn L
7-8 Cross R over L, point L to L side

Sec 4: □□SAILOR STEP, TOUCH ½ TURN L, ROCK, RECOVER, TRIPLE ¾

1&2 Cross L behind R, step R to R side, step L to L side
3-4 Touch R toe behind, unwind ½ turn R
5-6 Rock forward L, recover R
7&8 1/2 turn L stepping L forward, close R next to L, ¼ turn L stepping forward L

Sec 5: SIDE ROCK, TOGETHER, SIDE ROCK, TOGETHER, SIDE ROCK, TOGETHER, SIDE CLOSE SIDE

1-2 Rock R to R side, recover L
&3-4 Step R next to L, rock L to L side, recover R
&5-6 Step L next to R, rock R to R side, recover L
&7&8 Step R next to L, step L to L side, step R next to L, step L to L side

Sec 6: □□CROSS ROCK, ¼ SHUFFLE, STEP TOUCH, COASTER STEP

1-2 Cross R over L, recover L
3&4 ¼ turn R stepping forward R, step L next to R, step forward R
5-6 Step forward L, touch R next to L
7&8 Step back R, step L next to R, step forward R

Sec 7: □□¼ TURN TOUCH, ¼ TOUCH, ¼ TOUCH, HEEL BALL CROSS

1-2 ¼ turn R stepping L to L side, touch R next to L
3-4 ¼ R stepping forward R, touch L next to R
5-6 ¼ R stepping L to L side, touch R next to L
7&8 R heel dig forward, step down on R, cross L over R

TAG: At the end of wall 5 facing 3 o'clock add the following steps

1-2 Step R to R side, touch L next to R
3-4 Sway to L stepping L to L side, touch R next to L

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