

Mamita Loca

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Intermediate
编舞者: Roosamekto Mamek (INA) - June 2016
音乐: Chica Loca (feat. Ricky S & Marco Benini) - Flores Del Sol



Intro: 32 Counts

S1: RIDE SIDE MAMBO, LEFT SIDE MAMBO, FORWARD, PIVOT 1/2 TURN LEFT, FORWARD SHUFFLE

1&2 Rock R to side – Recover on L – Step R together (12:00)
3&4 Rock L to side – Recover on R – Step L together
5-6 Step R forward – Turn ½ left (06:00)
7&8 Step R forward – Step L together – Step R forward

S2: LEFT SIDE MAMBO, RIGHT SIDE MAMBO, FORWARD, PIVOT 1/2 TURN RIGHT, FORWARD SHUFFLE

1&2 Rock L to side – Recover on R – Step L together
3&4 Rock R to side – Recover on L – Step R together
5-6 Step L forward – Turn ½ right (12:00)
7&8 Step L forward – Step R together – Step L forward

S3: SIDE, TOGETHER, FORWARD SHUFFLE, SIDE TOGETHER, BACK SHUFFLE

1-2 Step R to side – Step L together
3&4 Step R forward – Step L together – Step R forward
5-6 Step L to side – Step R together
7&8 Step L back – Step R together – Step L back (12:00)

S4: WALK BACK R-L, COASTER STEP, WALK FORWARD, LOCK BEHIND, LOCK SHUFFLE

1-2 Step R back – Step L back
3&4 Step R back – Step L together – Step R forward
5-6 Step L forward – Locked R behind L
7&8 Step L forward – Locked R behind L – Step L forward (12:00)

S5: WALK FORWARD CONTINUE WITH FORWARD SHUFFLE MAKE A FULL LEFT CIRCLE

1-2 Step forward R-L make a ¼ turn left (09:00)
3&4 Forward shuffle R-L-R make a ¼ turn left (06:00)
5-6 Step forward L-R make a ¼ turn left (03:00)
7&8 Forward shuffle L-R-L make a ¼ turn left (12:00)

S6: ROCK FORWARD, RECOVER, BESIDE, JAZZ BOX CROSS

1-2& Rock forward R – Recover on L – Step R beside L
3-4& Rock forward L – Recover on R – Step L beside R
5-8 Cross R over L – Step L back – Step R to side – Cross L over R (12:00)

S7: SIDE, BEHIND, RECOVER, SIDE, TOUCH

1-2& Step R to side – Rock L behind R – Recover on R
3-4& Step L to side – Rock R behind L – Recover on L
5-8 Step R to side – Touch L beside R – Step L to side – Touch R beside L (12:00)

S8: WALK FORWARD R-L-R, KICK L FORWARD, WALK BACK L-R-L, TOUCH

1-4 Step R forward – Step L forward – Step R forward – Kick L forward
5-8 Step L back – Step R back – Step L back – Touch R beside L (12:00)

REPEAT

For more info about song & step sheet, please contact: Roosamekto.Nugroho@gmail.com
