American Girl



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Andrina K Faulds (SCO) - June 2016

音乐: All-American Girl - Carrie Underwood: (iTunes)



Section 1: Skate forward right and left, shuffle quarter right on right foot. Skate forward left and right, shuffle half turn left on left foot

1-2	Skate forward right and left
3&4	Shuffle quarter right on right foot
5-6	Skate forward left and right
7&8	Shuffle half turn left on left foot

Section 2: Stomp quarter right with kick diagonal left, behind left and hold, cross left and hold and rock right with quarter left

1-2 Stomp forward right making a quarter turn left to the back wall and kick left to left diagonal

3-4 left behind right and hold &5-6 cross left over right and hold

7-8 Rock right to right side and quarter turn left

Section 3: Walk forward right and left, right and left heal jack, then bring left foot in and step forward right and half turn over left shoulder

1-2 Walk forward right and left

3&4 Cross right over left, step left to left side and point right heal to right diagonal

5&6 Bring right foot in and cross left over right, step right to right side and point left heal to left

diagonal

7-8 Step down on left foot and the forward on right to turn left over left shoulder

Section 4: Full turn in 2 steps over left shoulder stepping forward right and left, Rock forward right and recover on to right and then going back right left, point right toe behind unwind half turn right, Step forward left quarter turn right – keeping weight on left

1-2	Full turn in 2 steps over left shoulder stepping forward right and left
3&4	Rock forward right and recover on to left and then going back right
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5-6 Step back left, Point right toe behind unwind half turn right
7-8 Step forward left quarter turn right – keeping weight on left

Restarts – Facing 3 o'clock

*1st Restart- wall 5 – after starting section 3 do counts 1-2

Ending – unwind half turn to the front and step forward left (dont do last 2 counts of the dance)

Notes: The dance is a 2 wall dance but as you will restart facing 3 o'clock you will be facing the side wall and dancing them as font and back turning it into a 4 wall dance

Happy dancing

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Last Update – 17th June 2016