

# Come and Get It

拍数: 64      墙数: 4      级数: Phrased Intermediate  
编舞者: Darren Bailey (UK) - June 2016  
音乐: Come and Get It - John Newman



**Intro: 16 counts (start on lyric 'Crazy')**

**Sequence: A, B, A, A (Restart), A, B, A, A, Tag, A, A**

## **Part A – 32 counts**

**A1: Walk R, L, Out, Out, In, Cross, Scuff, Rock R, Recover, Behind, Side, Cross, Side**

- 1-2                Step forward on RF, Step forward on LF  
&3&4            Step RF to R side, Step LF to L side, Step in with RF, Cross LF in front of RF  
**Note: (Restart here on wall 3, facing 6:00)**  
&5-6            Scuff RF to R diagonal (only a small scuff), Rock RF to R side, Recover onto LF  
7&8&            Cross RF behind LF, Step LF to L side, Cross RF in front of LF, Step LF to L side

**A2: Cross, Point L, Sailor ½ turn L, C bump with R hitch, Sailor ¼ turn L**

- 1-2                Cross RF in front of LF, Point LF to L side  
3&4                Cross LF behind RF, Make a ¼ turn L and step RF to R side, Make a ¼ turn L and cross LF in front of RF (now facing 6 o'clock)  
5&6                Hitch R knee and bump R hip up to the R, Step RF down and bump hips L, Bump hips down to the R whilst clicking finger of R hand down to the R like Michael Jackson!  
7&8                Cross LF behind RF, Step RF to R side, Make a ¼ L and step forward on LF (now facing 3 o'clock)

**A3: Dorothy step R, Dorothy step L, Heel switches R, L, Step, Swivel R, Return, Swivel L**

- 1-2&              Step RF toward R diagonal, Lock LF behind RF, Step RF to R side  
3-4&              Step LF toward L diagonal, Lock RF behind LF, Step LF to L side  
5&6&              Touch R heel forward, Close RF next to LF, Touch L heel forward, Close LF next to RF  
7&8&              Step forward on RF (split weighted), Twist R heel to R, return centre, Twist L heel to L,

**A4: Return with Circle R, Step, Twist R, L, R (making ½ turn L), Coaster press, Recover, Step**

- 1&2                Return to centre (Taking weight) as you do this the R foot pushes out to R side to start a circular motion out up in and down, Step forward on RF  
3&4                Twist both heels to R making a ¼ turn L, Twist both heels L, Twist both heel to R making a ¼ turn L (Weight is back on RF and facing 9 o'clock)  
5&6                Step Back on LF, Close RF next to LF, Press LF forward on ball of foot  
7-8                Rock back on RF, Recover onto LF

## **Part B – 32 counts**

**B1: Rock R, Recover, (x3) Behind, Side, Cross**

- 1-2                Step RF to R side and sway to R side, Recover onto LF  
3-4                Sway to R side, Recover onto LF  
5-6                Sway to R side, Recover onto LF  
7&8                Cross RF behind LF, Step LF to L side, Cross RF in front of LF  
**(counts 1-6 should be danced with slightly bent knees, to make it groovy)**

**B2: Rock L, Recover x3, Behind, Side, Cross**

- 1-2                Step LF to L side and sway to L side, Recover onto RF  
3-4                Sway to L side, Recover onto RF  
5-6                Sway to L side, Recover onto RF  
7&8                Cross LF behind RF, Step RF to R side, Cross LF in front of RF  
**(Counts 1-6 should be danced with slightly bent knees, to make it groovy)**

**B3: Rock RF forward, Recover x3, Coaster step**

- 1-2 Step RF forward and push hips forward, Recover onto LF
- 3-4 Push hips forward, Recover onto LF
- 5-6 Push hips forward, Recover onto LF
- 7&8 Step back on RF, Close LF next to RF, Step forward on RF

(Counts 1-6 should be danced with slightly bent knees, to make it groovy)

**B4: Jazz box with L, Touch, Out, Out, In, Touch, Body roll back**

- 1-2 Cross LF over RF, Step back on LF
- 3-4 Step LF to L side, Touch RF next to LF
- 5&6& Step RF to R side, Step LF to L side, Step RF in towards LF, Touch LF next to RF
- 7-8 Step back on LF Starting body roll from top to bottom over 2 counts.

**Tag: (after wall 8 facing 9 o'clock)**

- 1-2 Point RF to R side, Point RF behind LF slightly crossing and click fingers of L hand to L side
- 3-4 Point RF to R side, Point RF behind LF slightly crossing and click fingers of L hand to L side

Hope you enjoy the dance.

Live to Love; Dance to Express.

Last Update – 15th June 2016

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