

# Seasons

拍数: 48                      墙数: 4                      级数: Beginner / Improver waltz  
编舞者: Derek Robinson (UK) - June 2016  
音乐: Seasons of Love - Heartbeat : (CD: Once in a Lifetime)



Music Available from Amazon and Heartbeat Duo web site:  
<http://www.heartbeatduo.com.au/buy-music-online/>

Start after 12 counts. There is one easy restart on wall 5.

**Sec 1: □RIGHT TWINKLE, LEFT TWINKLE 1/4 TURN.**

1-2-3                      Cross right over left, step left to side, step right in place.  
4-5-6                      Cross left over right, make ¼ turn left, stepping back on right, step left beside right (9.00)

**Sec 2: □RIGHT TWINKLE, LEFT TWINKLE 1/4 TURN.**

1-2-3                      Cross right over left, step left to side, step right in place.  
4-5-6                      Cross left over right, make ¼ turn left, stepping back on right, step left beside right (6.00)

**Sec 3: □WEAVE LEFT, DRAG RIGHT.**

1-2-3                      Cross right over left, step left to left side, cross right behind left.  
4-5-6                      Step left a long step to left side, drag right toe up towards left, touch right toe beside left  
(Restart here on wall 5 - you will be facing 6.00)

**Sec 4: □WALTZ 3/4 TURN, WALTZ BACK.**

1-2-3                      ¼ turn right stepping forward on right, ½ turn right stepping back on left, step right beside left  
(3.00)  
4-5-6                      Step back on left, step right beside left, step left in place

**Sec 5: □FORWARD, SWEEP, FORWARD, POINT.**

1-2-3                      Step forward on right, sweep left foot out and forward over two counts  
4-5-6                      Step forward on left, point right toe to right side, hold

**Sec 6: □BACK, SWEEP, BACK, POINT.**

1-2-3                      Step back on right, sweep left foot out and back over two counts  
4-5-6                      Step back on left, point right toe to right side, hold

**Sec 7: □BACK ROCK, SIDE x 2.**

1-2-3                      Cross rock right behind left, recover onto left, step right to right side  
4-5-6                      Cross rock left behind right, recover onto right, step left to left side

**Sec 8: □BACK ROCK, SIDE, BEHIND, SIDE, TOGETHER.**

1-2-3                      Cross rock right behind left, recover onto left, step right to right side  
4-5-6                      Cross left behind right, step right to right side, step left beside right

Begin again