

Body Goes Boom (AB)

COPPERKNOB
BY STEPHEN

拍数: 24 墙数: 2
编舞者: Adrian Helliker (FR) - June 2016
音乐: Boom Boom - Justice Crew

级数: Absolute Beginner



Intro: 16 counts Approx 14 seconds in to track

Split Dance floor with (Rachael McEnaney)

No Tags No Restarts

[1-8] RIGHT STEP BACK, TOUCH LEFT IN FRONT, SHUFFLE FORWARD LEFT, ¼ TURN LEFT CROSS POINT

1-2 Step right back, touch left across right
3&4 Shuffle forward stepping Left-Right-Left
5-6 Step right forward, ¼ turn left
7-8 Cross right over left, point left to left side

[9-16] BUMP HIPS FORWARD X2, BUMP HIPS BACK X2, SHUFFLE FORWARD LEFT, PIVOT ¼

1-2 Step left forward bump hips forward x2
3-4 Bump hips back right x2
5&6 Shuffle forward stepping Left-Right-Left
7-8 Step right forward, pivot ¼ turn left (6:00)

[17-24] CROSS POINT X2, BOUNCE RIGHT TO SIDE X2, BOUNCE LEFT TO SIDE X2

1-2 Cross right over left, point left to left side
3-4 Cross left over right, point right to right side
5-6 Bump hips right to side x2
7-8 Bump hips left to side taking weight on left

Last Update - 8th June 2016
