

Move, Keep Walkin'

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Jamie Marshall (USA) - May 2016
音乐: Move (Keep Walkin') - TobyMac



Bonus (4 Sways) After 5th Wall

A. □LONG STEP R TO R, STEP TOGETHER, ¼ TRIPLE, ¼ LONG STEP, DRAG, ROCK RECOVER

1,2 Long step R to R (1), Step L next to R (2)
3&4 Turn ¼ R, stepping R forward (3), Step L next to R (&), Step R forward (4) (3:00)
5,6 Turn ¼ R, long step L to L (5), Drag R to L (6) (6:00)
7,8 Rock R back (7), Recover onto L (8) (6:00)

B. □LONG STEP FORWARD, L FOOT PASS, WALK, WALK, BACK TRIPLE, 1 ½ TURN, STEP

1,2 Long step forward on R (1), Lift L, passing R (2)
3,4 Walk forward L (3), Walk forward R (4)
5&6 Step L back (5), Step R next to L (&), Step L back (6)
7&8 *□Turn ½ R, stepping R forward (7), Turn ½ R, stepping L back (&), Turn ½ R, stepping R forward (8) (12:00)

(*Option 7&8: Turn ½ R, stepping R forward (7), Step L next to R (7), Step R forward (8)

C. □JAZZ, CROSS, LONG STEP L, DRAG, ROCK, RECOVER

1,2 Cross L over R (1), Step R back (2)
3,4 Step L to L (3), Cross R over L (4)
5,6 Long step L to L (5), Drag R to L (6)
7,8 Rock R back (7), Recover onto L (8) (12:00)

D. □TOUCH, TURN ¼ R TOUCH BACK, STEP, TOUCH, TURN ¼ R, TOUCH, SYNCOPATED SIDE ROCKS

1&2 Touch R to R (1), Turn ¼ R, stepping R next to L (&), Touch L back (2) (3:00)
&3 Step L next to R (&), Touch R to R (3)
&4& Turn ¼ R, stepping R next to L (&), Touch L to L (4), Step L next to R (&) (6:00)
5,6& Rock R to R (5), Recover onto L (6), Step R next to L (&)
7,8& Rock L to L (7), Recover onto R (8), Step L next to R (&) (6:00)

BONUS: 4 Sways, R,L,R,L

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Last Update – 10th July 2016