

# Let It Be

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: John Huffman (USA) - March 2016  
音乐: Let It Go - James Bay : (Album: Chaos and the Calm)



**Intro: Dance starts after 16 counts, Weight on L**

**S1: Back, Sailor 1/2, L Twinkle, R Twinkle, Cross-1/4-Side**

- 1                    1) Step R back, begin sweeping L (To start dance only)
- 2&3                2) Step L behind R &) Turn 1/4 L step R to L 3) Turn 1/4 L step L fwd (6:00)
- 4&5                4) Step R across L &) Step L to side 5) Step R in place
- 6&7                6) Step L across R &) Step R to side 7) Step L in place
- 8&1                8) Step R across L &) Turn 1/4 R step L back 1) Step R to side (9:00)

**S2: 1/4-Cross-Side, 1/4-Cross-Digonal, Mambo 1/4, 1/2-1/2-Step**

- 2&3                2) Turn 1/4 R step L to side &) Step R across L 3) Step L to side (12:00)
- 4&5                4) Turn 1/4 R step R to side &) Step L across R 5) Step R to R diagonal (4:30)
- 6&7                6) Rock L fwd &) Recover to R, square up to 3:00 7) Turn 1/4 L step L fwd (prep for full turn) (12:00)
- 8&1                8) Turn 1/2 L step R back &) Turn 1/2 L step L fwd 1) Step R fwd (12:00)

**S3: Mambo-Back, Behind-1/4-1/4, Sway, Sway, Behind-1/4-Step**

- 2&3                2) Rock L fwd &) Recover to R 3) Step L back begin sweeping R
- 4&5                4) Step R behind L &) Turn 1/4 L step L fwd 5) Turn 1/4 L sway to R side (6:00)
- 6-7                6) Sway L 7) Sway R
- 8&1                8) Step L behind R &) Turn 1/4 R step R fwd 1) Step L fwd (9:00)

**S4: Rock, Recover, Back-1/2-Step, 1/2-1/2, Step-Lock-Step**

- 2-3                2) Rock R fwd (push fwd with hands as if pushing something/someone away) 3) Recover to L
- 4&5                4) Step R back &) Turn 1/2 L step L fwd 5) Step R fwd (prep for full turn)
- 6-7                6) Turn 1/2 R step L back 7) Turn 1/2 R step L fwd
- 8&1                8) Step L fwd &) Lock R behind R 1) Step L fwd (3:00)

**S5: Mambo-Back, Back-Lock-Back, 1/4-Together-Side, Backrock-Recover-1/4**

- 2&3                2) Rock R fwd &) Recover to L 3) Step R back
- 4&5                4) Step L back &) Lock R across L 5) Step L back
- 6&7                6) Turn 1/4 R step R to side &) Step L to R 7) Step R to side
- 8&1                8) Rock L behind R &) Recover to R 1) Turn 1/4 R step L back (9:00)

**S6: Shuffle 1/2, 1/2 Chaise Turn, Walk, Walk, Full Chaise Turn**

- 2&3                2) Turn 1/4 R step R to side &) Step L to R 3) Turn 1/4 R step R fwd (3:00)
- 4&5                4) Step L fwd &) Pivot 1/2 R weight to R 5) Step L fwd (9:00)
- 6-7                6) Step R fwd 7) Step L fwd
- 8&                8) Step R fwd &) Pivot 1/2 L weight to L (3:00)
- 1                    1) Turn 1/2 L step R back, begin sweeping L (First step of dance) (9:00)

**Repeat.... Have FUN**

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