

That's It, I Quit

COPPER KNOB
BY STEPHEN HETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Kim Ray (UK) - June 2016
音乐: That's It, I Quit, I'm Movin' On - Sam Cooke



Intro: 16 counts

S1: □ SIDE, BEHIND & CROSS, SIDE ROCK/RECOVER, BEHIND & CROSS, SIDE

1 Step right to right side
2&3 Cross left behind right, step right to right side, cross left over right
4-5 Rock right to right side, recover on left
6&7 Cross right behind left, step left to left side, cross right over left
8 Step left to left side (12)

S2: □ ¼ TURN RIGHT TRIPLE STEP, TRIPLE STEP, ¼ TURN RIGHT TRIPLE STEP x 2

1&2 Make a ¼ turn right stepping forward on right, step left in place, step right in place (3)
3&4 Step left to left side, step right in place, step left in place
5&6 Make a ¼ turn right stepping right to right side, step left in place, step right in place (6)
7&8 Make a ¼ turn right stepping left to left side, step right in place, step left in place (9)

S3: □ BACK POINT x 2, WALK FORWARD x 2, PIVOT ½ TURN LEFT

1-2 Step back on right, point left to left side
3-4 Step back on left, point right to right side
4-5 Walk forward on right, walk forward on left
7-8 Step forward on right, ½ pivot turn left (3)

S4: □ FORWARD ROCK/RECOVER, SHUFFLE BACK, BACK ROCK/RECOVER, SHUFFLE FORWARD

1-2 Rock forward on right, recover back on left
3&4 Shuffle back stepping right, left, right
5-6 Rock back on left, recover forward on right
7&8 Shuffle forward stepping left, right, left (3) RESTART HERE DURING WALLS 3 (9o/c) & 5 (3o/c)

S5: □ *** SEE NOTE AT BOTTOM ***

FORWARD, POP LEFT KNEE IN, BACK, POP RIGHT KNEE IN, HOLD, HOLD, POP RIGHT KNEE IN, BACK, POP RIGHT KNEE IN, HOLD

1-2 Step forward on right, pop left knee in (weight forward on right)
3-4 Bringing weight back on left pop right knee, HOLD
5-6 HOLD, taking weight forward on right pop left knee,
7-8 Taking weight back on left pop right knee, HOLD (3)

S6: □ SHUFFLE FORWARD, PIVOT ½ TURN RIGHT, SHUFFLE FORWARD, PIVOT ½ TURN LEFT

1&2 Shuffle forward stepping right, left, right
3-4 Step forward on left, ½ pivot turn right (9)
5&6 Shuffle forward stepping left, right, left
7-8 Step forward on right, ½ pivot turn left (3)

Start wall 7 from S5 facing back wall – finishing dance on count 4 S2 facing front.

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