Saturday Night Down South



编舞者: Ilona Tessmer-Willis (USA) - June 2016

音乐: Saturday Night Down South - The Charlie Daniels Band: (Google Play • iTunes •

AmazonMP3)



Tried this on my practice group & they liked it both with this slower song and a faster tempo tune. We used Jason Aldean's new "Lights Come On".

Intro: 64 counts

S1: R & L DIAGONAL FORWARD WALK, R ROCK, R COASTER STEP (OPTION: SEE BELOW)

1-2 Step R Diagonal (right) Forward
3-4 Step L Diagonal (right) Forward
5-6 R Rock Forward, L Recover

7&8 R Step Back, L next to R, R Step Forward

S2: L & R DIAGONAL FORWARD WALK, L ROCK, L COASTER STEP (OPTION: SEE BELOW)

1-2 Step L Diagonal (left) Forward
3-4 Step R Diagonal (left) Forward
5-6 Rock L Forward, Recover R

7&8 L Step Back, R next to L, L Step Forward

S3: R & L FORWARD SHUFFLES, 4 STEP BACK R & L

1&2 R Forward, L Close next to R, R Forward3&4 L Forward, R Close next to L, L Forward

5-6 R Step Back, L Step Back7-8 R Step Back, L Step Back

S4: 1/4 R TURN: R & L HEEL STEP, R ROCKING CHAIR

1-2 Turn 1/4 Right: R Heel Forward, Step R next to L

3-4 L Heel Forward, Step L next to R
5-6 R Rock Forward, Recover L
7-8 R Rock Back, Recover L

Sometimes it's easier to say to brand new dancers "Cha Cha" step rather than "Coaster"---they understand it's a triple step.

Option: S1 Counts 7&8 Step in place R L R Option: S2 Counts 7&8 Step in place L R L

Enjoy !!!

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