Tears & Laughter



拍数: 32 **墙数:** 4 **级数:** Beginner

编舞者: EWS Winson (MY) - June 2016

音乐: Laugh and Cry - Michael Learns to Rock



Intro: ☐8 counts in (approx. 5 sec)

#1 (1-8)□R Cross Rock & Recover, R Side Chasse, L Cross Rock & Recover, L Chasse ¼ (L)□	
1-2	Weight on LF: Cross rock RF over LF (1), recover weight on LF (2) ☐ 12.00
3&4	Step RF to R side (3), step LF next to RF (&), step RF to R side (4) □ 12.00
5-6	Cross rock LF over RF (5), recover weight on RF (6) ☐ 12.00
7&8	Step LF to L side (7), close RF next to LF (&), turn ¼ L stepping LF forward (8) □ 9.00
#2 (9-16)□R P Together□	rivot ½ (L), ½ (L) with R Back Lock Step, L Back Rock & Recover, ¼ (R) with L Side, R
1-2	Step RF forward (1), turn ½ L over : shoulder (2) □ 3.00
3&4	Turn another ½ L stepping RF back (3), lock LF over RF (&), step RF back (4) □ 9.00
5-6	Rock LF backward (5), recover weight on RF (6) □ 9.00
7-8	Turn ¼ R stepping LF to L side (7), step RF together with LF (8) ***□12.00
Restart here on Wall 4, changing the last step (Step RF together with LF) to "Touch R toes beside LF (8) and	
	ing 9.00 o'clock.
start again, fac	
start again, fac #3 (17-24)□L	ing 9.00 o'clock.
start again, fac #3 (17-24)□L 0 Forward□	ing 9.00 o'clock. Cross, R Sweep, R Cross Shuffle, L Side Rock & Recover, L Behind, ¼ (R) with R Forward, L
start again, fac #3 (17-24)□L (Forward□ 1-2	ing 9.00 o'clock. Cross, R Sweep, R Cross Shuffle, L Side Rock & Recover, L Behind, ¼ (R) with R Forward, L Cross LF over RF (1), sweep RF from back to front (2)□12.00
start again, fac #3 (17-24)□L 0 Forward□ 1-2 3&4	ing 9.00 o'clock. Cross, R Sweep, R Cross Shuffle, L Side Rock & Recover, L Behind, ¼ (R) with R Forward, L Cross LF over RF (1), sweep RF from back to front (2)□12.00 Cross RF over LF (3), step LF to L side (&), cross RF over LF (4)□12.00
#3 (17-24)□L 0 Forward□ 1-2 3&4 5-6 7&8	ing 9.00 o'clock. Cross, R Sweep, R Cross Shuffle, L Side Rock & Recover, L Behind, ¼ (R) with R Forward, L Cross LF over RF (1), sweep RF from back to front (2)□12.00 Cross RF over LF (3), step LF to L side (&), cross RF over LF (4)□12.00 Rock LF to L side (5), recover weight on RF (6)□12.00
#3 (17-24)□L 0 Forward□ 1-2 3&4 5-6 7&8	ing 9.00 o'clock. Cross, R Sweep, R Cross Shuffle, L Side Rock & Recover, L Behind, ¼ (R) with R Forward, L Cross LF over RF (1), sweep RF from back to front (2)□12.00 Cross RF over LF (3), step LF to L side (&), cross RF over LF (4)□12.00 Rock LF to L side (5), recover weight on RF (6)□12.00 Cross LF behind RF (7), turn ¼ R stepping RF forward (&), step LF forward (8)□3.00
#3 (17-24)□L (Forward□ 1-2 3&4 5-6 7&8 #4 (25-32)□R	ing 9.00 o'clock. Cross, R Sweep, R Cross Shuffle, L Side Rock & Recover, L Behind, ¼ (R) with R Forward, L Cross LF over RF (1), sweep RF from back to front (2)□12.00 Cross RF over LF (3), step LF to L side (&), cross RF over LF (4)□12.00 Rock LF to L side (5), recover weight on RF (6)□12.00 Cross LF behind RF (7), turn ¼ R stepping RF forward (&), step LF forward (8)□3.00 Forward Rock & Recover, R Coaster Cross, L-R Hips Sway, L Side Chasse□

Tag here at the end of Wall 7. Begin the dance again, facing 6.00 o'clock.

R Cross Rock & Recover, R Side Rock & Recover

1-4 Cross rock RF over LF (1), recover weight on LF (2), rock RF to R side (3), recover weight on LF (4)

Step LF to L side (7), step RF next to LF (&), step LF to L side (8) □ 3.00

Contact: winsonews@gmail.com

7&8