And It's Alright



拍数: 32 编数: 2 级数: Beginner / Improver

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音乐: Right Back Where We Started From - Maxine Nightingale: (iTunes)



Intro: 32 counts.

STEP, LOCK, STEP, SCUFF - X 2,

1-4 Step R fwd, Step L close behind R, Step R fwd, Scuff L,
5-8 Step L fwd, Step R close behind L, Step L fwd, Scuff R,

34 CURVE WALK ABOUT WITH SCUFFS, (STEP, SCUFF, X 4)

1-2 1/8 Turn left - Step R fwd [11:00], 1/8 Turn left - Scuff L [9:00],
 3-4 1/8 Turn left - Step L fwd [7:00], 1/8 Turn left - Scuff R [6:00],
 5-6 1/8 Turn left - Step R fwd [6:00], 1/8 Turn left - Scuff L

7-8 1/8 Turn left – Step L fwd [4:00], 1/8 Turn left fwd – Scuff R [3:00],

R SIDE MAMBO, HOLD, SIDE, ROCK, CROSS, HOLD,

1-4 Rock R out to right side, Recover on L, Step R next to L, Hold,
5-8 Rock L out to left side, Recover on R, Cross L over R, Hold,

WEAVE, 1/4 MONTEREY.

Step R to right side, Step L behind R, Step R to sight side, Cross L over R,
 Touch R out to right side, swivel/twist on L turning ¼ right, Stepping R next to L,

7-8 Touch L out to left side, Step L next to R,

Start Over!

TAG – 16 Counts (8cts done twice) Tag happens after the first 3 Chorus's, after Wall 1, Wall 4 and Wall 7.

1-8 Out, Hold, Out, Hold, In, Hold, In, Hold,

(Option – You could swing your arms and do the "Jerk". Watch my video.)

1-8 (Repeat the above 8 counts again!)

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