

Blessed

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Jackie Miranda (USA) - June 2016
音乐: Blessed - Elton John



Dance starts after 32 count intro

Set 1: □Side Step Rock Behind Recover, Diagonal Shuffle, Cross Rock Recover Side Shuffle ¼ Turn

1-3 Step R to R side, rock L behind R, recover on R
4&5 Shuffle to the diagonal wall L, R, L
6-7 Cross rock R over L, recover on L
8&1 Side shuffle R, L, R to R side turning ¼ turn R on count 1

Set 2: □Step Forward ¼ Turn Cross Shuffle, ¼ Turn, ¼ Turn Cross Step

2-3 Step forward on L, turn ¼ R stepping down on R to R side
4&5 Cross shuffle L, R, L
6-8 Step back on R into ¼ turn L, turn ¼ turn L stepping L to L side (you will have completed a ½ turn), cross R over L (weight on R)

Set 3: Diagonal Rock Recover Behind Side Cross, Diagonal Rock Recover Behind Side Step Forward

1-2 Diagonal rock forward on L, recover on R
3&4 Step L behind R, step R to R side, cross L over R (as you turn to R diagonal)
5-6 Diagonal rock forward on R, recover on L
7&8 Step R behind L, step L to L side, step forward on R

Set 4: □Rock Forward Recover, Rock Side Recover, Rock Back, ¾ Turn

1-4 Rock forward on L, recover on R, rock L to L side, recover on R
5-8 Rock back on L, recover on R, make a ¼ turn R stepping back on L, turn ½ turn R stepping forward on R (you will have completed a ¾ turn)

Set 5: □Rock Forward Recover Step Lock Back, Step Lock Back, Rock Back Recover Forward

1-2 Rock forward on L, recover on R
3&4 Step lock back L, R, L
5&6 Step lock back R, L, R
7-8 Rock back on L, recover forward on R

Set 6: Step Forward Sweep ¼ Turn, Step Sweep Forward, Cross, Step Back, Long Side Step Slide, Flick

1-2 Step forward on L, sweep R into ¼ turn L (count 2)
3-4 Cross step down on R over L (count 3), sweep L forward over R (count 4)
5-8 Cross step down L over R (count 5), step back on R, take a long step slide to L on L, flick R behind L

(There will be a one time 4 count Tag that will occur here the 2nd time you come to the back wall as follows:

1-4 Sway R , hold, sway L hold

Then start the dance again)

Start Again

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Last Update - 3rd June 2016

