

She's Just Lonely

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate NC2S
编舞者: Shelly Guichard (UK), Conor McVeigh (UK) & Gary O'Reilly (IRE) - May 2016
音乐: She Don't Love You - Eric Paslay : (Album: Eric Paslay - iTunes - 4:27)



#Twenty count intro. Dance starts on the word 'lonely' (17 secs into the track).

2 Restarts. Easy to hear in the music.

Section 1: Step forward right, rock ¼ left, cross unwind ¾ left, back lock steps, sailor half right

1 Step forward right (1).
2&3 Rock left foot forward (2) recover weight onto right (&) step forward left making ¼ left.
4, 5 Cross right over left foot (4), unwind ¾ left (12 O'clock)
6&7 Step back left (6), cross right over left (&), step back left (7)
8&1 Sailor half turn to the right (6 O'clock)

**** Restart #1 here on Wall 5 facing 6 O'clock wall****

Section 2: Left together back, sweep behind and cross, and cross, hinge half turn left rock right over left

2&3 Step left to left side (2), close right next to left (&), step left back (3).
4&5 Sweep right behind left (4), step left to left side (&), rock right across left (5) (6 O'clock)
6&7 Recover weight onto left foot (6), step right to right side (&), rock left over right (7)
8&1 Step back right making ¼ turn left (8), step left forward making ¼ left (&), rock right over left (1) (12 O'clock)

****Restart #2 here on wall 9 facing 12 O'Clock- step forward on right instead of rocking right over left****

Section 3: Recover ¼ turn right, step forward left, step half turn step, triple full turn, run back x3

2&3 Recover weight onto left (2), step right forward making ¼ right (&), step left forward (3) (3 O'clock)
4&5 Step right forward (4), step left forward making ½ turn left (&), step right forward (5) (9 O'clock)
6&7 Triple full turn Right stepping: left (6), right (&) left (7).
8&1 Run back right (8), run back left (&), run back right (1) (9 O'clock)

Section 4: Sailor ¼ left, rock and cross, coaster step, step lock step

2&3 Cross step Left behind Right making 1/4 turn Left (2). Step Right beside Left (&). Step Left over right (3). (6 O'clock)
4&5 Rock right to right side (4), recover weight onto left (&), cross right over left (5)
6&7 Step back left (6), step right next to left (&), step forward left (7)
8&1 Step forward right (8), close left next to right (&), step forward right (1) (6 O'clock)

Contact: crochur@hotmail.co.uk

Last Update - 3rd June 2016