

# My Name Is No

COPPERKNOB  
STEPSHEETS

拍数: 32                      墙数: 2                      级数: Improver  
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音乐: NO - Meghan Trainor : (Album: Thankyou - iTunes - 3:29)



**Intro: 32 Counts Start On Lyrics (My Name Is No) 3 Restarts, 2 Tags**

## **Section 1 [1- 8] FWD, TOUCH, FWD, TOUCH, FWD, TOUCH, FWD, TOUCH**

1 - 2                      Step R Diag Fwd, Touch L Tog facing 1.30  
3 - 4                      Step L Diag Fwd, Touch R Tog facing 10.30,  
5 - 6                      Step R Diag Fwd, Touch L Tog facing 1.30  
7 - 8                      Step L Diag Fwd, Touch R Tog facing 10.30

**Styling Option Add Little Shimmies as You Move Forward**

**\*Tag 1 16 Counts End Of Walls 2 4, 6 On Wall 6 Add Extra Tag (All Facing 12.00)**

**End Of Tag 1 Wall 6 Add Tag 2 Hip Fwd Back or Click Fingers Twice**

1 - 8                      Fwd Touch R, L, R, L (Section 1)  
1 - 4                      Step R Side Sway Hips R, L, R, Touch L Beside R,  
5 - 8                      Step L Side Sway Hips L, R, L, Touch R Tog

**#Tag 2 1 - 2 Push R Hip Fwd ,Push L Hip Back (wgt L) Clicking Fingers Twice Above Head**

## **Section 2 [9 – 16] SIDE SHUFFLE, FLICK/HITCH 1/4 L SHUFFLE FWD, MAMBO , BACK SWEEP, BACK SWEEP**

1 & 2 &                      Step R Side, Step L Tog, Step R Side, Flick L Foot Across R  
3 & 4                      Turn ¼ L Step L Fwd, Step R Tog, Step L Fwd 9.00  
5 & 6                      Rock R Fwd, Recover L, Step R Back  
7 - 8                      Sweep L Behind R Step On L (wgtL) Sweep R Behind L Step On R

## **Section 3 [17- 24] COASTER, STEP, LOCK, STEP, STEP, LOCK, STEP, STEP, ¼ PIVOT, CROSS**

1 & 2                      Step L Back, Step R Tog, Step L Fwd  
3 & 4                      Step R Fwd, Lock/cross L Behind R , Step R  
5 & 6                      Step L Fwd, Lock/Cross R Behind L, Step Fwd,  
7 & 8                      Step R Fwd, Pivot ¼ L, Cross R over L 6.00

**Styling Options Push Into Step Locks For More Latin Feel**

## **Section 4 [25- 32] SIDE, RECOVER, CROSS, MAMBO, BACK SYNCOPATED ROCKING CHAIR**

1 & 2                      Rock L Side, Recover R , Cross L Slightly Fwd Over R  
3 & 4                      Rock R Fwd, Recover L ,Step R Back  
5 & 6&                      Rock L Back, Recover R, Step L Fwd, Recover R  
7 & 8                      Rock L Back, Recover R, Step L Fwd,

**Ending Facing 6.00 Dance First 16 Counts (Sweeps) Step L ¼ L To Face Front And Pose**