

You're The First And The Last

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Improver
编舞者: Sally Hung (TW) - June 2016
音乐: You're the First, the Last, My Everything - Barry White



Sequence of dance:

Tag after finishing Wall 2, facing 6:00, Restart facing 3:00

Tag after finishing Wall 5, facing 9:00, Restart facing 6:00

Restart after finishing S7 of Wall 6, facing 12:00

Intro: 16 Counts

Tag (8 counts)

Same as S8

S1. FWD, BRUSH, FWD, BRUSH, CHASSE R, BACK ROCK, RECOVER

1,2,3,4 Step fwd R, brush L fwd, step fwd L, brush R fwd

5&6,7,8 Step R to R side, close L beside R, step R to R side, rock back on L, recover on R

S2. ¼ TURN R FWD SHUFFLE, FWD SHUFFLE, WALK BACK R-L, COASTER STEP

1&2,3&4 Make ¼ turn R stepping fwd L, close R beside L, step L fwd, step fwd R, close L beside R, step fwd R

5,6,7&8 Step back L, step back R, step back on L, close R beside L, step fwd on L

S3. FWD, BRUSH, FWD, BRUSH, OUT, OUT, IN IN

1,2,3,4 Step fwd R, brush L fwd, step fwd L, brush R fwd

5,6,7,8 Step R slightly fwd (out), step L to side (out) (shoulder width), step R back (in), step L together (in)

S4. VINE R, TOUCH, VINE L, TOUCH

1,2,3,4 Step R to R side, cross step L behind R, step R to R side, touch L beside R

5,6,7,8 Step L to L side, cross step R behind L, step L to L side, touch R beside L

S5. BIG STEP R DIAGONAL FWD, TOUCH, BIG STEP L DIAGONAL FWD, TOUCH, BIG STEP R DIAGONAL BACK, TOUCH, BIG STEP L DIAGONAL BACK, TOUCH

1,2,3,4 Big step R fwd to R diagonal, touch L beside R, big step L fwd to L diagonal, touch R beside L

5,6,7,8 Big step R back to R diagonal, touch L beside R, big step L back to L diagonal, touch R beside L

S6. SIDE, TOUCH, SIDE, TOUCH, ¼ TURN R (R-L-R), TOUCH

1,2,3,4 Step R to R side, touch L beside R, step L to L side, touch R beside L

5,6,7,8 Make ¼ turn R stepping R fwd, make ¼ turn R stepping L to L side, make ¼ turn R stepping R to R side, touch L beside R

S7. SIDE, TOUCH, SIDE, TOUCH, CHASSE L, CROSS ROCK, RECOVER

1,2,3,4 Step L to L side, touch R beside L, step R to R side, touch L beside R

5&6,7,8 Step L to L side, close R beside L, step L to L side, cross R over L, recover onto L

S8. CHASSE R, ¼ TURN L FWD SHUFFLE, JAZZ BOX

1&2,3&4 Step R to R side, close L beside R, step R to R side, ¼ turn L fwd shuffle on LRL

5,6,7,8 Cross R over L, step back on L, step R to R side, step L fwd

Happy Dancing!

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