

Here I Go

拍数: 64 墙数: 2 级数: Low Intermediate
编舞者: Chris Watson (AUS) - May 2016
音乐: Go Ahead and Break My Heart (feat. Gwen Stefani) - Blake Shelton : (Album: If I'm Honest)



#16 Count intro

Side Together, Side Shuffle $\frac{1}{4}$, Pivot $\frac{1}{2}$, $\frac{1}{2}$ Turn Shuffle Back

- 1,2,3&4 Step R to R side, drag L together with R and take weight onto L, Step R to R side, step L together with R, $\frac{1}{4}$ turn to R stepping forward onto R
- 6,5,7&8 Step foot forward pivoting $\frac{1}{2}$ turn right taking weight onto R, make $\frac{1}{2}$ turn R and step back onto L, Bring R together and step back onto L (3 O clock)

Rock Replace, Botofogo, Cross, $\frac{1}{4}$ Step, Back Lock Step

- 1,2,3&4 Rock step back onto R, replace weight onto L, Step r forward across in front of L, step rock out L to L side and step weight onto R together
- 5,6,7&8 Cross step L over R, $\frac{1}{4}$ Turn L stepping back onto R, Step L foot back, lock R over L and step L foot back (12 O' Clock)

Rock, Replace, Kick Ball Change, Rock Replace, Coaster Step.

- 1,2,3&4 Rock back onto R, forward onto L, Kick R foot forward, step R foot into place and step L foot into place.*
- 5,6,7&8 Rock forward onto R, back onto L, Step L foot back, Step R foot back together with L and step r foot forward.

$\frac{1}{2}$ Pivot, $\frac{1}{4}$ Pivot, Front Side, Behind, Side, Cross

- 1,2,3,4 Step L foot forward $\frac{1}{2}$ turn pivot R, Step L foot forward $\frac{1}{4}$ turn pivot R (9 O clock)
- 5,6,7&8 Cross L over R, step R to R Side, Step L behind R, Step R to R side, and cross L over R

Side Rock, Cross Shuffle, $\frac{1}{4}$ Sweep Back, Coaster Step

- 1,2,3&4 Rock R to R side, replace weight onto L, Cross R over L, L to L side and cross R over L
- 5,6,7&8 $\frac{1}{4}$ Turn R, stepping L foot back sweeping R toe from front to back stepping back onto R on count 6, Step L foot back, step R foot back and step L foot forward. (12 O Clock)

Rock Forward, $\frac{1}{4}$ Rock Side, $\frac{1}{4}$ Rock Forward, $\frac{1}{4}$ Rock Side, Replace (Modified rocking chair)

- 1,2,3,4 Rock R foot Forward, Replace weight onto L, $\frac{1}{4}$ turn R step rocking R out to R side, $\frac{1}{4}$ Turn L rocking weight forward back onto L
- 5,6,7,8 Rock R foot Forward, Replace weight onto L, $\frac{1}{4}$ turn R step rocking R out to R side, Rock weight to L (3 O Clock)

Behind, Side, Cross, Rock Replace, Coaster Step, $\frac{1}{2}$ Pivot

- 1&2,3,4 Step R behind L, L to L side, cross R over L, Rock L to L side and replace weight to R
- 5&6,7,8 Step L foot back, Step R together with L and step forward onto L, Step R foot forward pivot $\frac{1}{2}$ Turn L taking weight onto L *

Step Drag, Step Drag, $\frac{1}{4}$ Pivot, Cross, Step Back.

- 1,2,3,4 Step R forward drag L towards R, Step L forward drag R towards L
- 5,6,7,8 Step R foot forward $\frac{1}{4}$ Turn Pivot (6 O Clock) weight onto L, Cross R over L and step L foot back.

[64] Counts Re Start Dance at 6 O Clock Wall

Restarts: Wall 2 & 5 dance to count 20 and Restart dance

Restart: Wall 7 dance to count 56 and Restart dance at 3 O clock Wall

Tag: At the end of wall 3, Add in 8 Count figure of eight. Step R to R Side, Step L behind R, $\frac{1}{4}$ turn R stepping R to R side , Step L foot forward pivot $\frac{1}{2}$ turn R , $\frac{1}{4}$ turn L stepping L to L side , Step R behind L and step L to L side pushing L hip to L side. Start again 12 O Clock wall.

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