

Boom Pararara

拍数: 96 墙数: 1 级数: Phrased Intermediate
编舞者: Reena Leong (USA) - May 2016
音乐: Boom Pararara - Alessandro Olivato



Intro: 48 Counts - Sequence: AB AB B (Ending 48 counts)

A: 32 counts

Section A1: □BACK LEFT AND RIGHT, RECOVER R, FORWARD SHUFFLE 3X

1 Step L back
2 Step R back
3 Recover L
4&5 Step R forward, lock L behind R, step R forward
6&7 Step L forward, lock R behind L, step L forward
8&1 Step R forward, lock L behind R, step R forward

Section A2: □FULL TURN R, BACKWARD SHUFFLE 3X

2 Step L forward
3 Half turn R step R forward
4&5 Half turn R step L behind back, lock R in front of L, step L behind
6&7 Step R behind L, lock L in front R, step R behind
8&1 Step L behind R, lock R in front L, step L behind

Section A3: □ROCKING CHAIR

2 Cross R over L
& Recover L on L side
3 Step R on R side
& Recover L on L side
4 Cross R over L
& Recover L on L side
5 Step R to R
6 Cross L over R
& Recover R on R
7 Step L on L side
& Recover R on R
8 Cross L over R
& Recover R on R
1 Step L on L

Section A4: □RIGHT & LEFT CUBAN BREAKS WITH 1/4 LEFT TURN & 3/4 PIVOT LEFT TURN, SIDE CHASSE

2 Cross R over L
& Recover L on L side
3 Step R to R
4 Cross L over R
& Recover R on R side
5 1/4 Left step L forward
6 Step R forward
7 1/2 Turn left, step on L
8&1 1/4 left, step R to R side, close L to R, step R to R side

B: 64 Counts

Section B1: □STEP LEFT BESIDE RF, EXTENDED FORWARD LOCKS STEP, PIVOT 1/2 RIGHT TURN, BOOGIE WALK

- & Step L beside R
- 2&3&4&5 Step R forward, lock L behind R, step R forward, lock L behind R, step R forward, lock L behind R, step R forward
- 6 Step L forward
- 7 Pivot 1/2 turn Right, Step R forward
- 8&1 Step L forward, step R forward, step L forward

Section B2: □FORWARD WALK 2 STEPS, FORWARD SHUFFLE, PIVOT 1/2 RIGHT TURN, SIDE CHASSE

- 2 Step R forward
- 3 Step L forward
- 4&5 Step R forward, lock L behind R, step R forward
- 6 Step L forward
- 7 Pivot 1/2 turn Right, Step R forward
- 8&1 Step L to L side, close R to L, step L to L side

Section B3: □SKATES & DIAGONALLY SHUFFLE RIGHT & REPEAT LEFT,

- 2 Skate to R
- 3 Skate to L
- 4&5 Step R diagonally forward to R, lock L behind R, step R diagonally forward to R
- 6 Skate to L
- 7 Skate to R
- 8&1 Step L diagonally forward to L, lock R behind L, step L diagonally forward to L

Section B4: □CUCARACHA HIPS WITH HOLD

- 2 R close to L
- 3 Transfer weight to L
- 4 Hold 5 □Step R to Right side and hold 5
- 6 L close to R
- 7 Transfer weight to R
- 8 Hold 1 □Step L to Left side and hold 1

Section B5: □SIDE CHASSE RIGHT & LEFT, EXTENDED SIDE CHASSE TO RIGHT

- 2&3 Step R to R, close L beside R, step R to R
- 4&5 Step L to L, close R beside L, step L to L
- 6&7&8&1 Step R to R, close L beside R, step R to R, close L beside R, step R to R, close L beside R, step R to R

Section B6: □HIPS TWIST 3X, HOLD

- &2 Swivel both heels to left side, recover R
- 3 Hold
- &4 Swivel both heels to left side, recover R
- 5 Hold
- &6 Swivel both heels to left side, recover R
- 7 Hold
- 8 Step on L
- 1 Hold

Section B7: □1/4 RIGHT TURN BACK SHUFFLE, 1/4 LEFT TURN BACK SHUFFLE, BACK ROCKING CHAIR, TOUCH

- 2&3 1/4 Right turn, step R behind, lock L in front R, step R behind
- 4&5 1/4 Left turn, step L behind, lock R in front L, step L behind
- 6& R back, recover L
- 7& R forward, recover L

8& R back, recover L
1 Touch R forward

Section B8: □ ROCK RECOVER, SCISSORS SIDE, FORWARD ROCK RECOVER, BACK MAMBO TOGETHER

2-3 R back, recover L
4&5 Cross R in front L, L close beside R, R step Right side.
6 L forward
7 Recover R
8&1 Step L behind, recover R, close L beside R

Repeat AB and B 48 counts.

Contact: reenaleong68@yahoo.com
