

Super Trouper Shining

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Sally Hung (TW) - May 2016
音乐: Super Trouper - ABBA



Sequence Of Dance:

After finishing 60 counts of Wall 2, restart facing 6:00

After finishing 32 counts of Wall 3, restart facing 3:00

Tag after finishing Wall 5, facing 9:00, restart facing 12:00

Tag after finishing S4 of Wall 6, facing 9:00, restart facing 12:00

Intro: 32 Counts From Heavy Beats

TAG (4 COUNTS)

1&2, 3&4 Step R diagonal R fwd, step L behind R, step R diagonal R fwd, step L diagonal L fwd, step R behind L, step L diagonal L fwd and ¼ turn R

S1. FWD SHUFFLE R, FWD SHUFFLE L, STEP, PIVOT ¼ TURN L, FWD SHUFFLE

1&2,3&4 R shuffle fwd R-L-R, L shuffle fwd L-R-L

5,6,7&8 Step R to R side, Pivot ¼ turn L, fwd shuffle on RLR

S2. SAMBA WHISKS, POINT, POINT, CHASSE L

1&2,3&4 Step L to L side, rock R cross behind L, recover onto L, step R to R side, rock L cross behind R, recover onto R

5,6,7&8 Touch L tos to L side, touch L toes behind R, step L to L side, step R beside L, step L to L side

S3. MAMBO FWD, MAMBO BACK, PADDLE FULL TURN L

1&2,3&4 Rock R fwd, recover L, step R back, rock L back, recover R, step L fwd

5&6&7,8 Make ¼ turn L point R to R side, recover L, make ¼ turn L pointing R to R side, recover L, make ¼ turn L pointing R to R side, make ¼ turn L point R beside L

S4. CHASSE R. CHASSE L, JAZZ BOX

1&2,3&4 Step R to side, step L together, step R to side, step L to side, step R together, step L to side

5,6,7,8 Cross R over L, step back on L, step R to side, step L fwd

S5. SIDE, TOGETHER, BACK SHUFFLE, BACK ROCK, RECOVER, FWD SHUFFLE

1,2,3&4 Step R to side, step L together, back shuffle on RLR

5,6,7&8 Rock back on L, recover R, fwd shuffle on LRL

S6. CROSS, SIDE, BEHIND, SIDE, CROSS, STEP, PIVOT ¼ TURN R, FWD SHUFFLE

1,2,3&4 Cross R over L, step L to L side, cross R behind L, step L to L, cross R over L

5,6,7&8 Step L to L side, Pivot ¼ turn R, fwd shuffle on LRL

S7. SIDE, TOGETHER, SIDE, TOGETHER, ¼ TURN R, STEP, PIVOT ½ TURN R, FWD SHUFFLE

1,2,3&4 Step R to R side, step L together, step R to R side, step L together, ¼ turn R stepping R fwd

5,6,7&8 Step L fwd, pivot ½ turn R stepping R fwd, fwd shuffle on LRL

S8. FWD, BRUSH, FWD, BRUSH, BACK SHUFFLE, COASTER STEP

1,2,3,4 Step R fwd, brush, L, step L fwd, brush R

5&6,7&8 Back shuffle on RLR, step back on L, step R beside L, step L fwd

Happy Dancing!

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