

Can't Stop Dancing

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Juliet Lam (USA) - June 2016
音乐: CAN'T STOP THE FEELING! - Justin Timberlake : (3:56)



Intro : 16 count from the start of the track.

Section 1 Skate Right, Left, Shuffle Forward, Cross, Point, Cross, Point□

1-2 Skate forward RF (1), skate forward LF (2)
3&4 Step RF forward (3), step LF next to RF (&), step RF forward (4)
5-8 Cross LF over RF (5), point R toe to R side (6), cross RF over LF (7), point L toe to L side (8)

Section 2 Cross, 1/4 Turn Left, Back, Clap, Clap, Back Rock, Recover, Kick Ball Step

1-2 Cross LF over RF (1), make ¼ turn L, stepping RF back (9:00)
3&4 Step LF back bending R knee (3), clap hands twice (&4)
5-6 Rock RF back (5), recover on LF (6)
7&8 Kick RF forward (7), step RF ball next to LF (8), step LF next to RF (8)

Section 3 Side, Touch Forward, Side, Touch Forward, Behind, Side, Cross Shuffle

1-4 Step RF to R side, bend R knee (1), touch L toe to L diagonal (2), step LF to L side, bend L knee (3), touch R toe to R diagonal (4)
5-6 Step RF behind LF (5), step LF to L side (6)
7&8 Cross RF over LF (7), step LF to L side (&), cross RF over LF (8)

Section 4 Side, Touch Forward, Side, Touch Forward, Behind, 1/4 Turn Right, Shuffle Forward

1-4 Step LF to L side, bend L knee (1), touch R toe to R diagonal (2), step RF to R side, bend R knee (3), touch L toe to L diagonal (4)
5-6 Step LF behind RF (5), turn ¼ R, step RF forward (6) (12:00)
7&8 Step LF forward (7), step RF next to LF (&), step LF forward (8)

Section 5 (Touch, Flick, 1/2 Turn Shuffle Forward) X 2

1-2 Touch R toe forward (1), turn ½ L, flick RF (2) (6:00)
3&4 Step RF forward (3), step LF next to RF (&), step RF forward (4)
5-6 Touch L toe forward (1), turn ½ R, flick LF (2) (12:00)
7&8 Step LF forward (7), step RF next to LF (&), step LF forward (8)

Section 6 Side Rock, Sailor 1/4 Turn Right, Cross Side, Sailor 1/2 Turn Left

1-2 Rock RF to side (1), Recover LF (2)
3&4 Turn ¼ R, cross RF behind LF (3), step LF to L side (&), step RF to R side (4) (9:00)
5-6 Cross LF over RF (5), step RF to R side (6)
7&8 Turn ½ L, cross LF behind RF (7), step RF to R side (&), step LF to L side (8) (3:00)

Section 7 Walk, Walk, Shuffle Forward, Step, 1/2 Turn Left, 1/2 Turn Left Shuffle Forward

1-2, 3&4 Walk Forward RF (1), LF (2), step RF forward (3), step LF next to RF (&), step RF forward (4)
5-6, 7&8 Step LF forward (5), turn ½ L, step RF back (6), turn ½ L shuffle forward (7&8) (9:00)

Section 8 V Step X2 (Out, Out, In, In)

1-2 Step RF forward to R diagonal (1), step LF forward to L diagonal (2)
3-4 Step RF back (3), step LF next to RF (4)
5-6 Step RF forward to R diagonal (5), step LF forward to L diagonal (6)
7-8 Step RF back (7), step LF next to RF (8) (Ending weight on LF) (9:00)

*Restart : Wall 3 begins at 6:00, dance up to count 16, Restart from the beginning, facing 3:00

Tag : Wall 6 begins at 9:00, end of Wall 6, facing 6:00, adding the following:

1-4 Stretch R hand fwd doing a stop sign (1), hold (2), stretch L hand fwd, doing a stop sign (3),
 hold (4)

Start Again & Have fun!!!

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