Simply Can't Stop The Feeling



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音乐: CAN'T STOP THE FEELING! - Justin Timberlake: (Original Song From

Dreamworks Animation's Trolls)



PREVIEW FOR INSTRUCTORS & EXPERIENCED DANCERS

INTRO: 16 counts, start on vocals.

RESTART: After 16 counts, wall 5 (12:00). On count 16, shift weight to left foot to prep for restart. TAG: 4 counts, wall 11 (6:00), add 4 hip bumps/lifts to the left, gradually shifting full weight to left. JOYFUL NOISE: Try clapping every 4th count except the last section, where you clap instead on the syncopated V-step, counts 6 and 8. Optional clapping locations noted below.

SECTION 1 [1-8]: Walk 3x and kick, back 3x and touch

1-4 Walk forward R, L, R. Kick L (optional clap).

5-8 Walk back L, R, L. Touch R next to L (optional clap).

SECTION 2 [9-16]: Vine right and touch, touch left out-in x2

1-4 Step R to right, step L behind R, step R to right, touch L next to R (optional clap).

5-6 Point L to the left, touch L next to R.

7-8 Point L to the left, touch L next to R (optional clap).

RESTART HERE, WALL 5 ONLY, FACING 12:00

(Before restart, use these steps for 7-8)

7-8 Point L to the left, step L next to R (optional clap), shifting weight to left foot for restart.

SECTION 3 [17-24]: Vine left and touch, touch right out-in x2

1-4 Step L to left, step R behind L, step L to left, touch R next to L (optional clap).

5-6 Point R to the right, touch R next to L.

7-8 Point R to the right, touch R next to L (optional clap).

SECTION 4 [25-32]: Jazz 1/4 turn right, syncopated V-step

1-2 Step R in front of L, step back with L while making ¼ right turn to 3:00.

3-4 Step R to the right side, close L next to R taking weight on L.

&5 (Top of V) Step R diagonally forward right (&), step L diagonally forward left (5) even with R.

6 Clap and hold

&7 (Bottom of V) Step R diagonally back left (&), step L diagonally back right (7) even with L.

8 Clap and hold

TAG, END OF WALL 11, FACING 6:00

1-4 Left hip bumps or lifts, gradually moving weight to left foot to begin dance again.

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