

That Old Fashioned Swing

COPPERKNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jan Brookfield (UK) - May 2016
音乐: Old Fashioned Love - Asleep At The Wheel



Start after the yodel, about 20 secs.

Section 1 : 2 HEEL STRUTS FORWARD, ROCKING CHAIR, SHUFFLE FORWARD, SCUFF, ½ PIVOT TURN

1&2& Strut forward on R, heel down first then toes; strut forward on L, heel down first then toes
3&4& Rock R forward, recover onto L, rock R back, recover onto L
5&6& Shuffle forward on R,L,R, scuff L gently forward
7, 8 Step L forward, pivot half turn to right, weight now on R (facing 6 o'clock)

Section 2 : HEEL TAP FORWARD WITH CLAP, TOE TAP BACK WITH CLAP, SHUFFLE FORWARD, SCUFF, ROCKING CHAIR, ¼ PIVOT TURN

9&10& Tap L heel forward, clap hands, tap L toe back, clap hands
11&12& Shuffle forward on L,R,L, scuff R gently forward
13&14& Rock R forward, recover onto L, rock R back, recover onto L
15, 16 Step R forward, pivot quarter turn over left shoulder weight now on L (facing 3 o'clock)

Section 3 : CROSS, BACK, CHASSE RIGHT, CROSS, BACK, CHASSE LEFT

17,18 Step R across in front of L, step L back
19&20 Chasse right on R,L,R
21,22 Step L across in front of R, step back on R
23&24 Chasse left on L,R,L

Section 4 : (ROCK ACROSS, RECOVER, SIDE STEP) x 2, HEEL SWITCHES, PIVOT HALF TURN

25&26 Rock R across in front of L (R arm across for styling) recover onto L, step R to right side
27&28 Rock L across in front of R (L arm across for styling), recover onto R, step L to side
29&30& Tap R heel forward, step on R in place, tap L heel forward, step on L in place
31,32 Step R forward, pivot half turn over left shoulder, transfer weight onto L (facing 9 o'clock)

START AGAIN