

Fix

拍数: 64 墙数: 4 级数: Phrased Intermediate
编舞者: Martine Canonne (FR) - April 2016
音乐: Fix - Chris Lane : (Album: Fix - 2015)



Start : 16 counts after lyric

Phrased : ABB-ABB-AA*** (Restart 16 counts)-BB

Partie A – 32 counts

SA1: SIDE ROCK, CROSS&CROSS, SIDE ROCK, BEHIND-SIDE-STEP.

1 – 2 RF to Right side, Recover weight on Left foot
3&4 Cross RF over LF, Step LF to Left side, Cross RF over Left.
5 – 6 LF to Left side, Recover weight on RF.
7&8 Cross LF behind RF, Step RF to Right side, Step LF Forward.

SA2: WALK RIGHT & LEFT, TRIPLE STEP FORWARD, ROCK STEP, TRIPLE FULL TURN LEFT

1 – 2 Walk RF, walk LF
3&4 Step RF forward, step LF next to right, step RF forward
5 – 6 Step LF forward, recover weight on RF
7&8 Triple full turn left stepping R, L, R *** (Restart here) Option easy : coaster step

SA3: FORWARD ROCK STEP, FULL TURN RIGHT-BACK, ROCK BACK, STEP-LOCK-STEP.

1 – 2 RF forward, recover weight on LF.
3&4 Turn 1/2 turn Right stepping RF forward, Turn 1/2 turn Right stepping back on LF, RF back.
5 – 6 Step back on LF, recover weight on RF.
7&8 Step LF forward, Lock ball of RF behind LF, Step LF forward.

SA4:STEP ¾ TURN LEFT, RIGHT SCISSOR STEP, SWAYS, LEFT SCISSOR STEP.

1-2 Step RF forward, 3/4 turn Left.
3&4 RF to right side, Close LF beside RF, Cross RF over LF.
5 – 6 LF to left side swaying left, Sway right.
7&8 LF to left side, Close RF beside LF, Cross LF over RF

Partie B – 32 counts

SB1: SIDE ROCK, TOGETHER, SIDE ROCK, TOGETHER, SIDE RIGHT, HOLD, RECOVER, TRIPLE ¼ RIGHT

1- 2& RF to right side, recover weight on LF, together
3-4& LF to left side, recover weight on RF, together
5-6& RF to right side, hold, together
7&8 RF to right side, together, ¼ turn right stepping RF forward

SB2: TOGETHER, STEP. PIVOT ½ TURN RIGHT. TRIPLE ½ TURN RIGHT, ROCK STEP, COASTER CROSS

&1–2 Together (&), step RF fwd (1). ½ turn right and LF back
3&4 ½ turn with triple step R,L,R
5-6 Step LF forward, recover weight on RF
7&8 step LF back, step RF next to LF, cross LF over RF

SB3: SIDE. BEHIND. & HEEL JACK & HIP BUMPS X 2, & CROSS. ¼ TURN RIGHT, TRIPLE SIDE.

1 – 2 RF to right side, Cross LF behind RF.
&3 RF to right side and slightly back. Dig Left heel diagonally forward Left.
&4 Hip bump L-R.
&5 – 6 Step LF next to right. Cross RF over LF. Turn 1/4 turn Right stepping back on LF.

7&8 triple side right stepping RF, LF, RF.

SB4: □ TOGETHER, SIDE RIGHT, TOUCH OVER, SIDE LEFT, TOUCH OVER, SIDE RIGHT & HIP ROLL, SIDE LEFT & HIP ROLL

&1-2 together, RF to right side, touch point LF over RF

3-4 LF to left side, touch point RF over LF

5-6 RF to right side & start hip roll with ½ circle movement right (finish weight onto R)

7-8 LF to left side & start hip roll with ½ circle movement left (finish weight onto L)

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