

I'm Lonely

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Norman Gifford (USA) - May 2016
音乐: Mister Lonely - Bouke



#1: (Half rumba box forward, hold, lock-step forward, hold)

1-4 Left step side; right together; left step forward; pause
5-8 Right cross forward; left lock behind; right step forward; pause

#2: (Serpiente done in an oval)

1-2 Left sweep across; right step side
3-4 Left step back; right sweep from front to back (do not take weight)
5-6 Right behind; left step slightly forward
7-8 Right step forward; hold

#3: (Left rock-step turning ¼ left, pause, cross-side-cross, pause)

1-4 Left rock forward; right replace; left step side turning ¼ left; pause [9:00]
5-8 Right crossover; left step side; right crossover; pause

#4: (Scissor-step, pause, reverse turn ½ left, crossover, hold)

1-4 Left step side; right step slightly back; left crossover; pause
5-8 Right step side turning ½ left; left step side; right crossover; pause [3:00]

#5: (Rumba box forward)

1-4 Left step side; right together; left step forward; pause
5-8 Right step side; left together; right step back; pause

#6: (Rumba box back)

1-4 Left step side; right together; left step back; pause
5-8 Right step side; left together; right step forward; pause

#7: (Chase turn ½ right, pause, 1¼ spiral-lock turn left stepping to the side, pause)

1-4 Left step forward; pivot turn ½ right; left step forward; pause [9:00]
5-6 Right step forward in full spiral turn left; left step forward turning ¼ left
7-8 Right step side; hold [6:00]

#8: (Behind, step side, crossover, right touch, replace, step side, crossover, pause)

1-4 Left behind; right step side; left crossover; right toe tap behind left
5-8 Right replace; left step side; right crossover; pause

BEGIN AGAIN

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