

# No More Messing

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Beginner / Improver  
编舞者: #madebymelissa (UK) - May 2016  
音乐: I'm Your Man - Phillip Parsons : (EP - iTunes and amazon)



(32 Counts start on vocals + 2 restarts)

**A: Right Kick Kick, Rock Back Recover, Right Shuffle, Rock left recover, behind and cross**

1&2&      Kick Right foot forward twice, rock back onto right foot and recover onto left  
3&4      Step Forward onto Right, Step left next to right, step forward onto right  
5&6      Step left to side and rock on it then recover weight onto right foot  
7&8      Step left behind right, step right to the side, step left over right, weight on left

**B: 2 x Left ¼ turns, run right left right, Left scuff step hip bump left 2 right 2 left**

9&10&      Step right foot slightly forward and turn ¼ turn to left, repeat  
11&12      Run forward three short steps right left right  
13&14      Scuff left heel against right and step left forward (weight remains on right foot) and hip bump to left (diagonally)  
15&16&      Bump Hips twice to the right and twice to the left (diagonally)

**C: Left Coaster ¼ turn. Right side together Right chassis shuffle with ¼ turn right Left step forward ½ turn left step onto left**

17&18      Step left behind right make ¼ turn over left shoulder step onto right then left  
19-20      Step right foot to side step left alongside right  
21&22      Step right to side, step left foot alongside right and making ¼ turn right over right shoulder step right foot forward  
23&24      step left foot forward turn ½ turn over right shoulder stepping onto right foot, step left next but slightly apart from right

**D: Stomp right, Scuff left, hitch Step left, Stomp right fan out and in, rock left recover scuff, left coaster step**

25&26&      Stomp Right foot, scuff left next to right hitch left knee then stomp onto left  
27&28      Keeping weight on left Stomp right foot and fan toes to right and back and transfer weight to right foot  
29&30      Rock left to side recover onto right and scuff left heel  
31&32      Step back on left foot ,step right in place and step left in place

**Restarts – Walls 1+2 complete in full, Wall 3 dance to beat 10 RESTART then walls 4&5 complete in full, wall 6 dance to beat 28 RESTART, then wall 7 continue to end**

Contact: [madebymelissa@rocketmail.com](mailto:madebymelissa@rocketmail.com)