

Laid Back

COPPER KNOB
BYEFOOTETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Dan Albro (USA) - May 2016
音乐: Laid Back (feat. Big Boi, Maggie Rose & Mannie Fresh) - Dallas Davidson



Intro: 16 counts

[1-9] □ □ RUMBA BOX W/ SIDE SHUFFLES

1,2,3,4&5 Step side L, step R next to L, step fwd L, step side R, step L next to R, step side R
6,7,8&1 Step back L, step R next to L, step side L, step R next to L, step side L

[10-17] □ □ CROSS ROCK, REPLACE, SHUFFLE SIDE, CROSS ROCK, REPLACE, SHUFFLE SIDE

2,3,4&5 Cross rock R over L, replace weight on L, step side, step L next to R, step side R
6,7,8&1 Cross rock L over R, replace weight on R, step side L, step R next to L, step side L

[18-25] □ □ STEP OVER, BACK, ANGLE SHUFFLE BACK, STEP OVER, BACK, COASTER

2,3,4&5 Cross step R over L, step back L, step angle back R, step L next to R, step angle back R
6,7,8&1 Cross step L over R, step back R, step back L, step R next to L, step fwd L

[26-32] □ □ ROCKING CHAIR, ½ TURN SHUFFLE, ¼ TURN SHUFFLE

2,3,4,5 Rock fwd R, replace weight on L, rock back R, replace weight on L
6&7 ¼ turn left stepping side R, step L next to R, ¼ turn left stepping back R
8& Turn ¼ left stepping side L, step R next to L (3:00)

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