

# Sin Sofia

拍数: 64      墙数: 4      级数: Intermediate  
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音乐: Sofia - Álvaro Soler



## S1: WALK, WALK, SHUFFLE, ROCKSTEP, COASTERSTEP

1-2      Step RF forward, step LF forward.  
3&4      Step RF forward, step LF next to RF, step RF forward.  
5-6      Rock LF forward, recover onto RF.  
7&8      Step LF back, RF next to LF, step LF forward.

## S2: 2 x ¼ TURN LEFT, STOMP, HOLD, BALL-STEP, CLAP

1-2      Step RF forward, ¼ turn left.  
3-4      Step RF forward, ¼ turn left.  
5-6      Stomp RF forward, hold.  
&7&8      Step LF beside RF (&), step RF forward ( 7), clap twice ( &-8)

## S3: CROSS ROCK, CHASSE, CROSS, SIDE, SAILOR ¼ RIGHT

1-2      Cross rock LF over RF, recover onto RF.  
3&4      Step LF to the side, RF next to LF, step LF to the side.  
5-6      Cross RF over LF, step LF to the side.  
7-8      Step RF behind LF, turn ¼ right with LF, recover onto RF.

## S4: STEP, FLICK, ROCKSTEP, SHUFFLE ¼ TURN, ROCK STEP

1-2      Cross LF over RF, Flick RF up.  
3-4      Cross RF over LF, recover weight onto LF.  
5&6      Make ¼ turn right with RF, step LF beside RF, step RF forward.  
7-8      Step LF forward, recover onto RF.

## S5: STEP, TOUCH, CHASSE BACKWARDS 2x

1-2      Step LF diagonally back to the left, touch RF beside LF.  
3&4      Step RF diagonally back to the right, LF beside RF, step RF diagonally back.  
5-6      Step LF diagonally back to the left, touch RF beside LF.  
7&8      Step RF diagonally back to the right, LF beside RF, step RF diagonally back.

## S6: ROCKSTEP, 1/2 TURN RIGHT, ROCKSTEP, KICK-BALL-CHANGE

1-2      Rock LF backwards, recover onto RF.  
3&4      Step LF 1/4 turn right, RF beside LF, step LF 1/4 turn right.  
5-6      Rock RF backwards, recover onto LF.  
7&8.      Kick RF forward (7), replace RF next to LF(&), step LF slightly forward.

## S7: STEP, POINT, STEP, POINT, JAZZBOX ¼ TURN RIGHT

1-2      Step RF forward, point LF to left side.  
3-4      Step LF forward, point RF to right side.  
5-6      Cross RF over LF, step LF back making ¼ turn right.  
7-8      Step RF to right side, cross LF over RF.

## S8: SIDE ROCK, CROSS SHUFFLE, 2 x ¼ TURN RIGHT, SHUFFLE FORWARD

1-2      Rock RF to right side, recover onto LF.  
3&4      Cross RF over LF, step LF to the side, cross RF over LF.  
5-6      ¼ turn right stepping LF back, ¼ turn right stepping RF to the side.  
7&8      Step LF forward, RF beside LF, step LF forward.

Start again.

#### **TAGS & RESTARTS**

Tags after the end of walls 1 and 4: Rocking chair with your RF.

Restarts in walls 3 & 7: dance the first 16 counts of the dance stepping forward on count 16 instead of clapping.

Last Update - 20th May 2016

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