

# It's a Shame

拍数: 64      墙数: 2      级数: Intermediate  
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音乐: It's a Shame - Courtney Patton



Sequence : 32 intro – 64 – 64 – 64 – TAG – 64 – 64 – 64 – 64 – 32 Restart – 64

## [1-8] STEPS & SCUFFS FWD

1-2            Step right forward , scuff left  
3-4            Step left forward , scuff right  
5-6            Step right forward , scuff left  
7-8            Step left forward , scuff right

## [9-16] GRAPEVINE RIGHT – GRAPEVINE LEFT ending STOMP

1-2            Step right to right side , cross left behind right  
3-4            Step right to right side , scuff left  
5-6            Step left to left side , cross right behind left  
7-8            Step left to left side , stomp right beside left

## [17-24] MILITARY TURN – JUMPING ROCK BACK ( R ) – STOMP ( R ) - HOLD

1-2            Step left forward . ½ turn right  
3-4            Step left forward , ½ turn right  
5-6            Jumping step right back , recover on left  
7-8            Stomp right beside left , hold

## [25-32] JUMPING CROSS ROCKS ( R & L ) – KICKS ( L – R ) – FLICK ( L ) – STOMP ( L )

1-2            Cross right over left and flick left , recover on left and kick right forward  
3-4            Step right to right side and kick left forward , cross left over right and flick right  
5-6            Recover on right and kick left forward , left beside right and kick right forward  
7-8            Right beside left and flick left , stomp left beside right

•□During 8 wall dance up to 32 count ( looking for 09.00 ) and begin again

## [33-40] PIGEON TOED MOVIMENT - HOLD - HEEL STRUTS ( R-L )

1-3            Travel sideway bringing the heels together leaving the toes apart , then bringing de toes together leaving the heel apart , then bringing the heels together leaving the toes apart  
4              Hold  
5-6            Step right heel forward , drop right toe to the floor  
7-8            Step left heel forward , drop left toe to the floor

## [41-48] ROCK FWD ( R ) – ½ TURN RIGHT with TOE STRUT ( x 2 ) – STEP ¼ TURN RIGHT - TOGETHER

1-2            Step right forward , recover on left  
3-4            Step back on right toe , turn ½ right and drop right heel taking weight ( 06.00 )  
5-6            Step forward on left toe , turn ½ right and drop left heel taking weight ( 12.00 )  
7-8            Turn ¼ right stepping right to right side , left beside right ( weight on left ) ( 03.00 )

## [49-56] RIGHT: KICK , STOMP UP , FLICK , STOMP – SWIVETS ( R – L )

1-2            Kick right forward , stomp up right beside left  
3-4            Flick right , stomp right  
5-6            On the ball of left foot and the heel of right foot,swivel left heel to the left and right toe to the right , then return  
7-8            On the ball of right foot and the heel of left foot , swivel right heel to the right and left toe to the left , then return

**[57-64] LEFT : KICK ,STOMP UP . FLICK , STOMP – SWIVETS ( L – R )**

- 1-2 Kick left forward , stomp up left beside right
- 3-4 Flick left , stomp left beside right
- 5-6 On the ball of right foot and the heel of left foot , swivel right heel to the right and left toe to the left , then return
- 7-8 On the ball of left foot and the heel of right foot,swivel left heel to the left and right toe to the right , then return

**REPEAT**

**TAG: At the end of 3rd wall will add 16 counts ( looking for 09.00 )**

**[1-8] STEP LOCK STEP FWD – HOOK – STEP LOCK STEP BWD – HOOK**

- 1-2 Step right forward , lock left behind right
- 3-4 Step right forward , hook left behind right
- 5-6 Step left back , lock right over left
- 7-8 Step left back , hook right over left

**[9-16] [ ROCK SIDE – CROSS – HOLD ] ( R-L )**

- 1-2 Step right to right side , recover on left
- 3-4 Step right to left side crossed over left , hold
- 5-6 Step left to left side , recover on right
- 7-8 Step left to right side crossed over right , hold

**RESTART: During 8th wall dance up to count 32 and begin again**

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