

One Perfect Direction

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Lynne Martino (USA) - May 2016
音乐: Perfect - One Direction : (amazon mp3 download)



Start after 32 cts. of vocals

[1-8] □ □ R & L Basic Nightclub, 2 Skates, Shuffle

1,2,& Step R to right side (1), rock L behind R (2), recover weight on R (&)
3,4,& Step L to left side(3), rock R behind L(4), recover weight on L(&)
5, 6 Skate R forward (5), skate L forward (6)
7&8 Shuffle forward R, L, R (7&8)

[9-16] □ □ L Basic Nightclub, ¼, R Basic Nightclub, 2 Skates, Shuffle

1,2,& Step L to left side(1), rock R behind L(2), recover weight on L(&)
3,4,& Making ¼ turn left, step R to right side(3), rock L behind R(3), Recover weight on R (&)
5, 6 Skate L forward (5), skate R forward (6)
7&8 Shuffle forward L, R, L (7&8)

[17-24] □ □ Rock, Recover, Step, Rock, Recover, 2 Walks, Coaster

1,2& Rock R forward(1), recover weight on L(2), step R next to L(&)
3, 4 Rock L forward (3), recover weight on R (4)
5, 6 Walk back L, R (5, 6)
7&8 Step L back (7), step R back next to L (&) step L forward (8)

[25-32] □ □ Cross Rock, Recover, Step, ¼, Rock, Recover, Step, ½, ½, ¼, Touch □

1, 2, & Cross rock R over L (1), recover weight on L (2), step R to right side (&)
3, 4, & Making ¼ turn right, rock L forward (3), recover on R (4) step L to left side (&)
5, 6 Step R forward and pivot ½ turn left recovering weight on L
7&8 Step R forward (7), pivot ½ turn left stepping forward on L (&), making ¼ turn left, touch R next to L

*(For counts 5,6,7&8, you can eliminate the ¾ turn by dancing the following:

5,6,7&8 Step forward on R(5), make a ¼ pivot turn left putting weight on L(6), cross Rock R over L(7), recover on L(&), touch R next to L(8)

Tags: happen on the same wall twice (3 o'clock) At the end of walls 3 & 7

Tag: Placing weight on R, sway R(1), L(2), R(3), L(4)

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