

Younger Than Yesterday

COPPER KNOB
BY STEPHEN

拍数: 68 墙数: 4 级数: Low Intermediate
编舞者: Larry Schmidt (USA) - March 2016
音乐: My Back Pages - The Byrds : (Album: Younger Than Yesterday)



#16 ct. intro. Start on lyrics. Wt on left. - No Tags or Restarts

[1-8] □ ROCK, RECOVER, BEHIND, SWEEP, BEHIND, SIDE, CROSS, HOLD

1, 2 Rock right onto right foot, Recover weight to left,
3, 4 Step right behind left, Sweep left foot left,
5, 6 Step left behind right, Step right foot right,
7, 8 Step left across right, Hold.

[9-16] □ SIDE, HITCH, SIDE, HOLD, BEHIND, SIDE, CROSS, HOLD

1, 2 Step right foot long right, Hitch left foot against right leg, (or touch left next to right)
3, 4 Long step left foot left, Hold,
5, 6 Step right behind left, Step left foot left,
7, 8 Step right across left, Hold.

[17-24] ROCK, HOLD, RECOVER HOLD, BEHIND, ¼ TURN, ½ TURN, SWEEP

1, 2 Rock left onto left foot swaying hips left, Hold
3, 4 Recover weight to right swaying hips right, Hold
5, 6 Step left behind right, turn ¼ right stepping forward onto right,
7, 8 Turn ½ right stepping back onto left, Start sweeping right foot behind left. (9:00)

[25-32] □ SAILOR STEP X2, BEHIND, SIDE

1, 2 Step right behind left, Step left foot left,
3, 4 Step right foot right, Step left behind right,
5, 6 Step right foot right, Step left foot left,
7, 8 Step right behind left, Step left foot left.

[33-40] CROSS ROCK, RECOVER, SIDE, HOLD, CROSS ROCK, RECOVER, ¼ TURN, HOLD

1, 2 Rock right foot across left, Recover weight to left,
3, 4 Step right foot right, Hold
5, 6 Rock left foot across right, Recover weight to right,
7, 8 Turn ¼ left stepping forward onto left, Hold. (6:00)

[41-48] □ STEP, ½ PIVOT, STEP, HOLD, ½ TURN, ¼ TURN. CROSS, HOLD

1, 2 Step right foot forward, Pivot ½ left onto left, (12:00)
3, 4 Step right foot forward, Hold
5, 6 Turn ½ right stepping back onto left, (6:00) Turn ¼ right stepping right onto right, (9:00)
7, 8 Step left across right, Hold.

[49-56] ¼ TURN, SWEEP, FORWARD, SWEEP, CROSS, BACK, ¼ TURN, CROSS

1, 2 Turn ¼ right stepping forward onto right, Sweep left foot forward, (12:00)
3, 4 Step left foot forward, Sweep right foot forward,
5, 6 Step right across left, Step left foot back,
7, 8 Turn ¼ right stepping to side onto right, Step left across right. (3:00)

[57-64] □ SIDE, TOUCH, ¼ TURN, TOUCH, , SIDE, TOUCH , ¼ TURN, TOUCH

1, 2 Step right foot right, Touch left toes next to right foot,
3, 4 Turn ¼ left stepping to the side onto the left, Touch right toes next to left, (12:00)

5, 6 Step right foot right, Touch left toes next to right foot,
7, 8 Turn ¼ left stepping to the side onto the left, Touch right toes next to left, (9:00)

[65-68] □4 COUNT WEAVE TO THE RIGHT

1, 2 Step Right foot right, Step left behind right,
3, 4 Step right foot right, Step left across right.

ENDING: As the music ends you will be facing 9:00 doing the Sway Left and Sway Right (counts 17 thru 20).
To end the dance facing 12:00, replace the Behind, ¼ Turn, ½ Turn, Sweep, with.....
Behind, ¼ Turn, Step Forward, Pose.

ENJOY !

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