

# T-Shirt

拍数: 48                      墙数: 4                      级数: Phrased Intermediate  
编舞者: Helen Woods (USA) - May 2016  
音乐: T-Shirt - Thomas Rhett : (CD: Tangled Up)



#16 count intro following short percussion solo, support on left

Phrase sequence: A B A B A A B B A A A B

## PART A – 32 counts

### A1: TAP TAP, KICK, COASTER STEP, STEP, (TURN ½) SHIFT, 3 STEP TURN

- 1&                      Tap right forward, tap right forward
- 2                      Kick right forward
- 3&                      Step right back, step left together
- 4                      Step right forward
- 5                      Step left forward
- 6                      Turn ½ right shifting support right (6:00)
- 7&                      Turn ½ right stepping left back, turn ½ right stepping right forward (6:00)
- 8                      Step left forward (6:00)

### A2: ROCK FORWARD, RECOVER, COASTER STEP, ROCK FORWARD, RECOVER, TRIPLE QUARTER TURN

- 1                      Rock right forward
- 2                      Recover left
- 3&                      Step right back, step left together
- 4                      Step right forward
- 5                      Rock left forward
- 6                      Recover right
- 7&                      Turn ¼ left stepping left to side, step right together (3:00)
- 8                      Step left to side (3:00)

### A3: CROSS, SIDE, SAILOR QUARTER TURN, TURNING HIP LIFT, COASTER STEP LEAP

- 1                      Step right across left
- 2                      Step left to side
- 3&                      Step right behind left, turn ¼ right stepping left to side (6:00)
- 4                      Step right to side
- 5                      Turn ¼ right touching ball of left to side lifting left hip (9:00)
- 6                      Turn ¼ right dropping left heel (12:00)
- 7&                      Step right back, step left together
- 8&                      Step right forward, leap left forward (12:00)

### A4: TOUCH, HOLD LEAP, TOUCH LEAP, TOUCH, BACK, BACK, (TURN ¼) SIDE, (TURN ½) SIDE

- 1                      Touch right beside left
- 2&                      Hold, leap right forward
- 3&                      Touch left beside right, leap left forward
- 4                      Touch right beside left
- 5                      Step right back
- 6                      Step ball of left back
- 7                      Turn ¼ right stepping ball of right to side (3:00)
- 8                      Turn ½ right stepping left to side (9:00)

## PART B – 16 counts – clock faces continue from Part A

### B1: BEHIND SIDE, CROSS, ROCK SIDE, RECOVER, CROSS SIDE, CROSS, SIDE (SWAY), SHIFT

**(SWAY)**

- 1& Step right behind left, step left to side
- 2 Step right across left
- 3 Rock left to side
- 4 Recover right
- 5& Step left across right, step right to side
- 6 Step left across right
- 7 Step right to side swaying shoulders right
- 8 Shift support left swaying shoulders left (9:00)

**B2: TRIPLE STEP FORWARD, STEP, (TURN ½) SHIFT, TRIPLE HALF TURN, SIDE, SIDE**

- 1& Step right forward, step left beside right
  - 2 Step right forward
  - 3 Step left forward
  - 4 Turn ½ right shifting support right (3:00)
  - 5& Turn ¼ right stepping left to side, step right together (6:00)
  - 6 Turn ¼ right stepping left back (9:00)
  - 7 Step right to side
  - 8 Step left to side (9:00)
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