

I Know A Guy

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Simon Ward (AUS) - April 2016
音乐: I Know a Guy - Chris Young : (Album: I'm Comin' Over - iTunes)



Notes: 6 count Tag at the end of walls 1 & 4, Restart on walls 3 & 6 after count 36.

Start & Ending: Start dance on vocals, End dance on count 25
(turn to front wall and drop hands by sides on count 25)

[1-6] □ L twinkle, Cross/step R, ¼ turn R, 3/8 turn R

- 1-3 Cross/step left over right, Step right to right side, Step left beside right turning slightly left
12.00 (left twinkle)
4-6 Cross/step right over left, step left to left side turning ¼ turn right 3.00, Turn a further 3/8 turn
right & step right □ forward 7.30

[7-12] □ L fwd, Rock/step R fwd, Recover L, Step R back, Drag L, Touch L beside R

- 1-3 Step left forward, Rock/step right forward, Recover left very slightly back 7.30
4-6 Step right back 7.30 (toe facing 10.30, open right shoulder and turn body to right), Drag left
towards right (pulling □ right shoulder back slightly), Touch left beside right 7.30

[13-18] □ L fwd, R fwd, Pivot ¼ turn L, Cross/step R, 1/8 turn R, ½ turn R

- 1-3 Step left forward, Step right forward, Pivot ¼ turn left taking weight onto left 4.30
4-6 Cross/step right over left, Step left back turning 1/8 right, Step right back turning ½ turn right
12.00

[19-24] □ L basic fwd, R back & extend R arm forward, Turn ¼ R pulling R arm back

- 1-3 Step left forward, Step right beside left, Step left beside right 12.00
4-6 Step right back & extend right arm forward 12.00, Turn ¼ turn right & slightly pull right arm
back taking weight □ onto right 3.00, Slightly pull right arm a little further back (turn shoulders
slightly left for styling)

[25-30] □ L jazz box back, Weave left

- 1-3 Cross/step left over right (continue pulling right arm back on count 1), Step right back slightly
at right diagonal, □ Step left back slightly at left diagonal 3.00
4-6 Cross/step right over left, Step left to left side, Step right behind left 3.00

[31-36] □ Step L diagonal, Touch R beside L, Kick R, R back, Rock/step L back, Recover R

- 1-3 Step left to left side and forward into left diagonal 1.30, Touch right toe beside left bending L
knee, Straighten left knee and kick right foot forward 1.30
4-6 Step right slightly back, Rock/step left back, Recover weight onto right 1.30

****RESTART HERE ON WALLS 3 & 6** - make a 1/8 turn left to restart**

[37-42] □ L fwd, Rock R side, Recover L, Cross/step R over L, L back turning ½ turn R, R fwd

- 1-3 Step left forward, Turn 1/8 left rocking right to right side 12.00, Recover weight onto left
4-6 Cross/step right over left, Step left back turning ½ turn right 6.00, Step right forward

[42-48] □ L basic fwd, Large step R back, Drag L, Flick L foot back

- 1-3 Step left forward, Step right beside left, Step left beside right 6.00
4-6 Large step right back dragging left towards right, Drag left back, Flick left foot back very
slightly

RESTART

Tag: At the end of walls 1 & 4 you will do the following 6 counts

1-3 Cross/step left over right, Step right to right side, Step left beside right turning $\frac{1}{4}$ turn left (twinkle)

4-6 Step right forward placing arms beside body sharply with a sharp look left, Hold, Hold
Start dance again by turning a further $\frac{1}{4}$ turn left on right

Contact: bellychops@hotmail.com

Last Update - 27th June 2016
