

Chinese Rock

拍数: 64 墙数: 2 级数: Easy Intermediate
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音乐: Wo Zai Ni Zho You (我在你左右)



Dance sequence: 64, 48, 64, 64, 48, 32, 64, 48, 16

Start dance on vocals:

(1 – 8) □

1 2 Touch left toe forward, step down on left knee
3 4 Touch right toe forward, step down on right knee
5 6 7 8 Rock left back, recover right, touch left beside, hold

(9 – 16)

1 2 3 4 Step left to left, step right together, step left to left, hold
5 6 7 8 ¼ right turn (3.00) step right to right, step left together, step right to right, hold

(17 – 24)

1 2 3 4 Push left knee to the right bending both knees, push left knee to left straightening right knee,
Push left knee to the right bending both knees, hold
5 6 7 8 Kick left, step down on left, touch right to right, hold

(25 – 32)

1 2 3 4 Push right knee to the left bending both knees, push right knee to right straightening left
knee, Push right knee to the left bending both knees, hold
5 6 7 8 Kick right, step down on right, ¼ right turn (6.00) touch left to left, hold

(33 – 40)

1 2 3 4 Cross left over right, step right to right, cross left over right, hold
5 6 7 8 Cross right over left, step left to left, cross right over left, hold

(41 – 48)

1 2 Step left back, skip left and hitch right
3 4 Step right back, skip right and hitch left
5 6 Step left back, skip left and hitch right
7 8 Step right back, skip right and hitch left

(49 – 56)

1 2 ¼ left turn (3.00) step left forward, lock right behind
3 4 ¼ left turn (12.00) step left forward, lock right behind
5 6 ¼ left turn (9.00) step left forward, lock right behind
7 8 ¼ left turn (6.00) step left forward, hold

(57 – 64) □

1 2 3 4 Touch right heel forward, step right beside, touch left heel forward, step left beside
5 6 7 8 Touch right to right, step right beside, touch left to left, hold