

No Me Mires Mas

拍数: 64 墙数: 4 级数: Improver
编舞者: Anabelle BIZOUARNE - May 2016
音乐: No me mirès màs (feat. Soprano) - Kendji Girac : (Album: Ensemble)



Intro : 32 counts.

Notes : 2 Restarts –

Wall 2 after 32 counts Restart facing 6.00.

Wall 4 after 32 counts Restart facing 12.00

Section [1 – 8] Right Side rock cross, Left side rock cross, Right shuffle, ¼ Left Sailor

1&2 Rock Right on Right, recover on Left, cross Right over Left (travelling forward)
3&4 Rock Left on Left, recover Right, cross Left over Right (travelling forward)
5&6 Step Right on Right, step Left together, step Right to Right
7&8 Cross Left behind Right, ¼ Left stepping Right next Left, step forward on Left (9:00)

Section [9 – 16] Rock forward Right with rolling hip, Coaster step Right, Walk Left, Walk Right, Anchor step

1-2 Rock forward on Right, recover on Left with rolling hip
3&4 Step back on Right, Left next to Right, step forward on Right
5-6 Step forward on Left, Step forward on Right
7&8 Rock back on Left, Rock forward on Right, recover on Left

Section [17 – 24] Rock Right forward, ½ Right shuffle, Vaudeville Right, Vaudeville Left

1-2 Rock forward on Right, recover on Left
3&4 Make ¼ turn to Right stepping Right to Right side, step Left next to Right, ¼ turn Right stepping forward on Right (3:00)
5&6 Cross Left over Right, Step back on Right, Left heel on Left diagonal
&7&8 Left next to Right, Cross Right over Left, Step back on Left, Right hell on Right diagonal

Section [25 – 32] Cross Left, Hold, Side, Behind side cross, Cross Right, Hold, Side, Behind side touch Right

&1-2 Right next to Left, Cross Left over Right, Hold
&3&4 Step Right to Right side, Cross Left behind Right, Step Right to Right side, Cross Left over Right
5-6 Cross Right over Left
&7&8 Step Left to Left side, Cross Right behind Left, Step Left to Left side, Touch right next to Left

Restart on Wall 2 (6:00) & Wall 4 (12:00)

Section [33 – 40] Rumba forward X2 (R.L)

1-2 Step Right to Right side, Left next to Right
3&4 Shuffle forward Right Left Right
5-6 Step Left to Left side, Right next to Left
7&8 Shuffle forward Left Right Left

Section [41 – 48] Right forward Mambo, Left back Mambo, Right side Mambo, Left side Mambo

1&2 Rock forward on Right, recover on Left, step Right back
3&4 Rock back on left, recover Right, step Left forward
5&6 Rock Right on Right side, recover on Left, Right next to Left
7&8 Rock Left on Left side, recover on Right, Left next to Right

Section [49 – 56] Cross Rock Right, Triple full turn on Right, Cross rock Left, Triple full turn on Left

1-2 Cross rock Right over Left (body on Left diagonal), recover on Left
3&4 Triple full turn on Right (R-L-R)

5-6 Cross rock Left over Right (body on Right diagonal), recover on Right
7&8 Triple full turn on Left (L-R-L)

Section [57 – 64] Side Rock on Right, behind side cross, Side cross on Left, behind side cross

1-2 Rock Right on Right side, recover on Left
3&4 Cross Right behind Left, step Left on Left side, cross Right over Left
5-6 Rock Left on Left side, recover on Right
7&8 Cross Left behind Right, step Right on Right, cross Left over Right

Ending :

5-6 Cross Right over Left
7-8 Unwind $\frac{1}{2}$ turn Left

Enjoy and smile :)

Contact: francois.bizouarne@wanadoo.fr
