Let's Mess Around



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Kate Sala (UK) - May 2016

音乐: Messin' Around (feat. Enrique Iglesias) - Pitbull



Music Available as mp3 download www.itunes.co.uk and www.amazon.co.uk.

Intro: 16 counts.

Cross & Heel & Cross Side Rock, Step Forward, Step Pivot 1/2 Turn Right Forward Lock Step.

1 & 2	Cross step R over L. Step L to left side. Dig R heel to right diagonal.
& 3	Step R down in place. Cross step L over R.
& 4	Side rock on R out to right side. Rock on to L in place.

5 Step forward on R.

6 & 7 Step forward on L. Pivot 1/2 turn right. Step forward on L. 6:00

& 8 Lock step R behind L. Step forward on L.

Heel grind x 2, Heel Dig, Hitch, Step Back, Coaster 1/4 Turn Cross & Cross, Touch Out, In.

1 &	Step forward on R heel with toes turned in. Grind the R heel turning toes out. (weight on R)
2 &	Step forward on L heel with toes turned in, Grind the L heel turning toes out. (weight on L)
3 & 4	Dig R heel forward. Hitch R knee up. Step back on R.
5 & 6	Step back on L. Step R next to L. Turn 1/4 left cross stepping L over R. 3:00
& 7	Step R to right side. Cross step L over R.
& 8	Touch R out to right side. Touch R next to L instep. (Restart from here during wall 7 & facing
	9:00)

Kick & Side Rock, Cross, Side, Touch In, Chasse 1/4 Turn Left, Turn 1/4 Left Hitch With Bump, Bump, Step.

1& 2&	Kick R forward. Step R next to L. Side rock on L out to left side. Recover on to R.
3 & 4	Cross step L over R. Step R out to right side. Touch L next to R instep.
5 & 6	Step L to left side. Step R next to L. Turn 1/4 left stepping forward on L.
7 &	Turn 1/4 left hitching R knee up and bumping the hip right. Keeping R knee slightly up bump hips left.
8	Step down on R to right side. 9:00

Side, Together, Forward, Rock 1/2 Turn Right, Step Pivot 1/2 Turn Right x 2, Mambo Step.

1 & 2	Step L out to left side. Step R next to L. Step forward on L.
3 & 4	Rock forward on R. Recover on to L. Turn 1/2 right stepping forward on R. 3:00
5 &	Step forward on L. Pivot 1/2 turn right.
6 &	Step forward on L. Pivot 1/2 turn right. 3:00
7 & 8	Rock forward on L. Recover on to R. Step slightly back on L.

Start Again. Have Fun

Restart: during wall 7, after 16 counts.

For the finish, turn 1/4 left on the last step and step out to the left side to face 12:00.