

Nobody's Perfect

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ria Vos (NL) & Kate Sala (UK) - May 2016
音乐: Runnin Out of Love - Medina : (Album: We Survive)



Intro: 32 Counts

#1: Rock Fwd, Shuffle Back, Rock Back, Big Step Fwd, Drag, Ball-Step

1-2 Rock Fwd R, Recover on L
3&4 Shuffle Back Stepping R-L-R
5-6 Rock Back on L, Recover on R
7-8 Big Step Fwd on L, Drag R Towards L
&1 Step on Ball of R Next to L, Step Fwd on L

#2: Cross, Back, & Touch, & Touch, Monterey ¼ Turn R, Point L & R

2-3 Cross R Over L, Step Back on L
&4 Small Step Back to R Diagonal on R, Touch L Next to R
&5 Small Step Back to L Diagonal on L, Touch R Next to L
6-7 Point R to R Side, ¼ Turn R Step R Next to L
8&1 Point L to L Side, Step L Next to R, Point R to R Side

#3: Hitch, Touch, ¼ R, ¼ R Side, Behind, ¼ L, Step Fwd

2-3 Hitch R Across L, Touch R to R Side
4-5 ¼ Turn R Step Fwd on R, ¼ Turn R Step L to L Side
6-7 Cross R Behind L, ¼ Turn L Step Fwd on L
8 Step Fwd on R

#4: Pivot ¾ Turn L, Side, Behind, Side, Shoulder L-R, Dip Down, Recover

1-2 Pivot ¾ Turn L, Step R to R Side
3-4 Step L Behind R, Step R to R Side
5-6 Roll L Shoulder from Fwd-Up-Back, Roll R Shoulder Fwd-Up-Back
7-8 Dip Down with L Knee Inwards, Come Up Straighten Knee (weight on L)

#5: Cross, Hold, ¼ R, ¼ R, Point L, ¼ L Rock Fwd, Recover, Step, ¼ L Sweep

1-2 Cross R Over L, Hold
&3-4 ¼ Turn R Step Back on L, ¼ Turn R Step R to R Side, Point L to L Side
5-6 ¼ Turn L Press Fwd on L, Recover on R
7-8 Step Fwd on L, Sweep R Around Turning ¼ L

#6: Cross-Back-Back, Back-Side-Cross, Point R, Step Fwd, Point L, Step Fwd

1&2 Cross R Over L, Small Step Back on L, Small Step Back on R
3&4 Step Back on L, Step R to R Side, Cross L Over R
5-6 Point R to R Side, Step Fwd on R
7-8 Point L to L Side, Step Fwd on L

#7: Sway R-L, Chasse R, ¼ L Sway L-R, Chasse L

1-2 Step and Sway R to R Side, Sway L
3&4 Step R to R Side, Step L Next to R, Step R to R Side
5-6 ¼ Turn L Step and Sway L to L Side, Sway R
7&8 Step L to L Side, Step R Next to L, Step L to L Side

#8: Cross-Back-Back, Back-Side-Cross, Point R, Step Fwd, Point L, Step Fwd

1&2 Cross R Over L, Small Step Back on L, Small Step Back on R
3&4 Step Back on L, Step R to R Side, Cross L Over R
5-6 Point R to R Side, Step Fwd on R
7-8 Point L to L Side, Step Fwd on L

Special thanks go out to Franck Boucheraud from Club Route 45 for finding us the music.

