

Nothing But The Best

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Weber Wen (USA) - May 2016
音乐: Nothing But the Best - Frank Sinatra



INTRO: 16 counts (no tags, no restarts), dance starts on the vocals "Lincoln"

S1: SWAY x 2, SIDE-TOGETHER-FORWARD, SWAY x 2, SIDE-TOGETHER-FORWARD

1-2 Step R to side swaying hips to right; Step L to side swaying hips to left
3&4 Step R to side, step L next to R, step forward on R
5-6 Step L to side swaying hips to left; Step R to side swaying hips to right
7&8 Step L to side, step R next to L, step forward on L

S2: JAZZBOX 1/4 TURN R, CHARLESTON

1-2 Cross R over L; Step back on L
3-4 Turn 1/4 to right stepping forward on R; Step slightly forward on L (3:00)
5-6 Step forward on R; Touch L toe in front
7-8 Step back on L; Touch R toe back

S3: CROSS, SIDE, CROSS-SIDE-TOGETHER, CROSS, SIDE, CROSS-SIDE-TOGETHER

1-2 Cross R over L; Step L to side
3&4 Cross R over L, step L to side facing right corner, step R next to L
5-6 Cross L over R; Step R to side
7&8 Cross L over R, step R to side facing left corner, step L next to R

S4: 1/4 TURN KICK-BEHIND-SIDE-CROSS, KICK-BEHIND-SIDE-CROSS, WALK 3/4 CIRCLE

1&2& Turn 1/4 to left kicking R to right front corner, step back on R, step L to side, cross R over L
(12:00)
3&4& Kick L to left front corner, step back on L, step R to side, cross L over R
5-8 Walk R - L - R - L gradually turning 3/4 circle to right (9:00)

*** Option for 5-8: add snap fingers after each step**

Contact: weberwen@yahoo.com