

Slowly

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Roger Neff (USA) - April 2016
音乐: Slowly - Ann-Margret



Intro: 16 counts

[1-8] □ Walk fwd R, L, KBCross, Side rock, Recover, Cross shuffle

1-2, 3&4 Walk fwd R, L, Kick RF, Step on ball of R, Step L across R
5-6, 7&8 Rock to R, Rec on L, Step R over L, Step L to L, Step R over L

[9-16] □ Step L, Step R over L and twist turn ½ to L (6:00) Step to R, Step L behind R, Side shuffle to R

1-2-3-4 Step L to L, Step on ball of R over L (2) and begin a slow ½ twist turn to L for counts 3-4 (to 6:00). Weight stays on LF.
5-6, 7&8 Step to R, Step L behind R, Step to R, Step L beside R, Step to R

[17-24] □ Step L over R, Touch R toe to R, Step R behind L, Step to L, Step R over L, Turn ¼ to L and hitch LF, Shuffle fwd

1-2-3-4 Step L over R, Touch R toe to side, Step R behind L, Step to L
5-6, 7&8 Step R over L, Turn ¼ to L and hitch LF, Shuffle fwd L,R,L

[25-32] □ R Mambo step fwd, Hold, L Coaster step back, Hold

1-2-3-4 Rock fwd on RF, Rec on L, Step R beside L, Hold
5-6-7-8 Step back on LF, Step R beside L, Step fwd on L, Hold

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