

Your Not Alone (When We Are Dancing)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Gary Spurway (UK) - May 2016
音乐: You're Not Alone - Joe and Jake : (2016 Eurovision Song Contest, UK)



Start dance after 17 seconds after the oh oh oh start the count and dance as he sings i'll be ,i'll be the answer

Sec 1; slow grapevine to right & click fingers

1-2 step right to side click fingers up
3-4 step left behind right click fingers in front of chest
5-6 step right to side click fingers up
7-8 step left (slightly in front) of right click fingers in front of chest

Sec 2; jazz box turns to the right x2

1-2 step right in front of left , step left back
3-4 do a ¼ turn to right stepping to right , step left next to right
5-6 step right in front of left , step left back
7-8 do a ¼ turn to right stepping to right , step left in front of right

Sec 3; side shuffle right rock back, shuffle left ¼ turn rock back

1&2 step right to right side, step left to right , step right to side
3-4 step left behind right and rock back, rock forward
5&6 step left to left side, step right to left, step left to side
7-8 step right behind left and rock back angle body round to right , recover weight on to left

Sec 4; toe strut, toe strut, kick ball change ,kick ball change

1-2 step right foot forward on toe and place heel down
3-4 step left foot forward on toe and place heel down
5&6 kick right forward , step right back, weight on left
7&8 kick right forward , step right back, weight on left

Sec 5; step point ,step point ,side touch ,side turn

1-2 step right forward, point left to side
3-4 step left forward , point right to side
5-6 put weight on right and tap left beside
7-8 step left to side ¼ turn to right and step right to left

Sec 6; shuffle back, rock back ½ turn shuffle rock back and hook

1&2 step right back , step left next to right , step right back
3-4 rock back on left and recover onto right
5&6 step left forward as you do a ¼ turn to right , step right next to it , step left to side as you ¼ turn
7-8 rock back on right hook left foot

Sec 7; forward slide, forward touch, rolling grapevine to right (or grapevine right)

1-4 step left foot forward , step right next to it , step left forward , step right to left
5-6 Step right 1/4 turn right. Make 1/2 turn right stepping back left.
7-8 Make 1/4 turn right stepping right to right side. Touch left in place

Sec 8; swivels and clap

1-4 swivel heels left , swivel toes left ,swivel heels left and clap
5-8 swivel toes left , swivel heels left ,swivel toes left and clap

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