

# Better Than U Waltz

**COPPER** **KNOB**  
BY SHEETS

拍数: 60      墙数: 1      级数:  
编舞者: Fred Lombardo (USA) - April 2016  
音乐: Better Than You Left Me - Mickey Guyton



## No Restarts No Tags

### S1: BASIC FORWARD & BACK - TWINKLES X2

1-2-3-4-5-6      Left forward - Right together - Step Left back- Right Back - Left together - Step Right forward  
1-2-3-4-5-6      Cross Left over Right - step right = step Left - Right over Left - step left - step right (12:00)

### S2: BASIC FORWARD & BACK - TWINKLE LEFT - TWINKLE RIGHT 1/4 TURN RIGHT

1-2-3-4-5-6      Left forward - Right together - Step Left back- Right Back - Left together - Step Right forward  
1-2-3-4-5-6      Cross Left over Right -step right - step Left - Right over Left - step left - turn ¼ Right-step  
right (3:00)

### S3: TURN ¼ LEFT BASIC FORWARD - TURN ¼ LEFT BASIC BACK - BASIC FORWARD - TURN ¼ BASIC BACK

1-2-3-4-5-6      Turn left Basic forward (12:00) - turn ¼ left basic back (9:00)  
1-2-3-4-5-6      Basic forward & back - turn ¼ left basic back (6:00)

### S4: BASIC FORWARD - SAILOR ¼ TURN RIGHT

1-2-3-4-5-6      Left forward - Right together - Step Left back - Right behind ¼ turn right - step left & right  
(9:00)

### S5: TWINKLE LEFT & RIGHT

1-2-3-4-5-6      Cross Left over Right - step right - step Left - Right over Left - step left - step right (9:00)

### S6: BASIC FORWARD - SAILOR ¼ TURN RIGHT

1-2-3-4-5-6      Left forward - Right together - Step Left back - Right behind ¼ turn right - step left &  
right(12:00)

### S7: CROSS ROCK RECOVER STEP LEFT & RIGHT

1-2-3-4-5-6      Left cross rock recover right - step left - Right cross rock recover left - Step right (12:00)

Contact: [fmlombardo1@gmail.com](mailto:fmlombardo1@gmail.com)