

Baila Loca

拍数: 32 墙数: 2 级数: Samba
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音乐: Watazu - Baila loca



For real samba feeling change the '&' counts into 'a' counts

Forward, 1/4 turn side, 1/4 turn behind, coaster step, botafogo, 1/4 turn left cross shuffle.

1 RF forward.
& 1/4 turn right, LF step left.
2 1/4 turn right, RF step behind.
3 LF step back.
& RF close LF.
4 LF step forward.
5 RF cross forward LF.
& LF step left.
6 Recover weight RF.
7 LF cross over RF
& Rf lock behind LF.
8 1/4 turn left, LF cross forward RF.

1/4 turn cross shuffle, touch side, touch forward, touch side, cross behind, touch side, cross behind, hold, change weight, 1/4 turn cross shuffle

& RF behind LF,
1 1/4 turn left, LF cross forward RF.
2 RF touch right.
& RF touch forward.
3 RF touch right.
& RF behind LF.
4 LF step left.
& recover weight RF.
5 LF step behind RF.
6 Hold
& RF step right.
7 1 /8 turn left LF cross forward RF.
& RF step right.
8 1 /8 turn left, LF cross forward RF.

1/4 turn left cross shuffle, rockstep forward, sailor step, hold, close, side, weight change.

& RF step right.
1 1/4 turn left, LF cross forward RF.
2 RF rock forward.
3 Recover weight on left, RF make ronde.
4 RF behind LF
& Recover weight LF.
5 RF step right
6 Hold.
& RF next left.
7 LF Step left.
8 make with left hip countra clock movement and wight change to RF.

Behind side forward, mambo cross, side, rcover, forward, recover, back, kick, look back, recover.

- 1 LF behind RF.
- & RF step right.
- 2 LF cross forward RF.
- 3 RF Step right.
- & Recovr weight on LF.
- 4 RF cross forward LF.
- & LF step Left.
- 5 Recover weight RF.
- & LF step forward:
- 6 Recover weight RF
- & LF step back
- 7 RF kick forward.
- & RF step back, look back.
- 8 Recover weight on LF

Start again, have fun
