

Rip Your Pants

拍数: 48 墙数: 2 级数: Intermediate
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音乐: Ain't Nothin' But A Kiss by Beverly Knight (2:03) bpm :140



Intro : □ Start on the vocals 8 counts in

[1-8] □ R Step, L Heel-Snap, Step, Clap, R Brush Knee Out In Out-Weight

1,2 Step R to R bending R Knee, Step L heel to left Snapping R fingers
3,4 Step L in place, Clap both hands (Feet shoulder width apart)
5,6 Brush R foot fwd, Touch R to R – Knee Out
7,8 Knee In, Knee Out (weight R)

* Ending in wall 6.

[9-16] □ L Jazz Box-Touch, Full Turn, Side Shuffle

1,2 Cross L over R, Step R back
3,4 Step L to L, Touch R next to L
5,6 Make 1/4 turn R stepping R fwd (3:00), Make 1/2 turn R stepping L back (9:00)
7&8 Make 1/4 turn R stepping R to R (12:00), Step L next to R, Step R to R

[17-24] □ L Kick Step, R Kick Step, L Kick Fwd, Side, Point Back, Kick

1,2 Kick L diagonally fwd L, Step L next to R
3,4 Kick R diagonally fwd R, Step R next to L
5,6 Kick L diagonally fwd L, Kick L to L
7,8 Point L Toe back, Kick L diagonally fwd L

[25-32] □ L Sailor Step, R Sailor 1/4 Turn R, Step 1/2 Turn, L Shuffle Fwd

1&2 Step L behind R, Step R to R, Step L to L
3&4 Make 1/4 turn R stepping R behind L (3:00), Step L to L, Step R to R and slightly fwd
5,6 Step L fwd, Make 1/2 turn R stepping R fwd (9:00)
7&8 Step L fwd, Step R next to L, Step L fwd

[33-40] □ Walk Fwd RLRL, Step Out Clap-Hold, Step In Clap-Hold

1,4 Walk fwd RLRL with Jazz Hands
&5,6 Step R to R, Step L to L, Hold (Clap your hands behind your back, or in front)
&7,8 Step R In, Step L next to R, Hold (Clap your hands in front)

[41-48] □ R&L Toe Struts, Walk Fwd-Side, Hip Bump R,L

1,2 Make 1/4 turn R stepping R Toe fwd (12:00), Weight R
3,4 Make 1/8 turn R stepping L Toe fwd (1:30), Weight L
5,6 Make 1/8 turn R stepping R fwd (4:30), Make 1/8 turn R stepping L to L (6:00)
7,8 Bump Hips R, Bump Hips L

* Ending in wall 6 .

1-4 Shake your bum
5,6 Make 1/2 turn R stepping R to R (12:00) with R palm down facing fwd, Hold 6
7,8 Step L to L with L palm down facing fwd, Hold 8
1-7 Raise both Palms slowly Up
8 Take a nice pose. (Ladies: R hand Up, Bent L Knee, Guys: Rip your Pants).