

Humble and Kinder Waltz

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Novice waltz
编舞者: Carole Daugherty (USA) - March 2016
音乐: Damn Country Music - Tim McGraw : (CD: Humble and Kind)



Intro: 48 cts, Begin with the word "Light"

Sec 1: STEP R, SWEEP L 2-3, ¼ TURN LEFT

1,2,3 Cross R diagonally fwd over L facing 11:00, Ronde/Sweep L from back to front
4,5,6 Cross step L over R, Step R slightly back turning ¼ Left, Step open L facing 7:30

Sec 2: STEP R, SWEEP L 2-3, ¼ TURN LEFT

1,2,3 Cross R diagonally fwd over L facing 7:30, Ronde/Sweep L from back to front
4,5,6 Cross step L over R, Step R slightly back turning ¼ Left, Step open L facing 5:30

Sec 3: CROSS R, KICK L, HOLD, STEP L, ROCK R, RECOVER L

1,2,3 Step R diagonally fwd, Kick left fwd low, Hold
4,5,6 Step left back, Rock Step R, Recover L facing 6:00

Sec 4: STEP R BEHIND, POINT L, HOLD, STEP L ACROSS, FIGURE 4 w/ R

1,2,3 Step R Behind, Point L Left out left, Hold
4,5,6 Step L fwd across R, Raise R knee tucking R ft somewhat behind left calf, Angle slightly left with right held in place

Sec 5: R OVER L CROSS, ROCK, RECOVER, CROSS L, POINT R, HOLD

1,2,3 Step R over L, rock slightly left on L, Recover to R
4,5,6 Cross L over R, Point R out right, Hold

Sec 6: MONTEREY TURN ½ RIGHT, POINT L, HOLD, CROSS ROCK L, RECOVER R, STEP L

1,2,3 Turning ½ R step R, Point L out left, Hold
4,5,6 Rock L across R, Recover R, Step open left on L

Sec 7: CROSS R, HOLD 2-3, STEP L, DRAG R, TOUCH R

1,2,3 Step R fwd across L, Hold R, Hold R
4,5,6 Step wide on L, Drag Right, Touch R next to left

Sec 8: STEP ¼ R, DRAG 2-3 TOUCH L, STEP L ¼ R, DRAG R 5-6 TOUCH

1,2,3 Step R fwd turning ¼ right, Drag L toes next to R 2-3
4,5,6 Step L fwd turning ¼ right, Drag R toes next to L 5-6

(Option: replace step touches with right rolling turn/s)

Begin again & Enjoy Every Dance!

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